Preface

The 28th Executive Committee is proud to present to you our Annual Newsletter 14 – 15!

After the suspension of our Annual Newsletter in recent years, we gladly brought it back to life for your reading pleasure. True to HKOSA's innovative spirit, we improvised to enrich its original template.

This year, we continued our immediate past Executive Committee's pioneering Interview Project as one of our major internal relations programme. Entitled "Life at the Crossroads: OSArs in Dialogue", it sought to reveal the stories behind our experienced and accomplished OSArs' life choices. OSArs working as professionals in the business, education, legal and medical field, in addition to an entrepreneur and a research scientist in HKOSA, generously offered their time to speak to our junior members. The latter's report on their interviews and some of their reflections can be found under "Interview Project" in the Newsletter.

The main purpose of the Newsletter remains in keeping you posted about the Association's activities in the past academic year. You shall find highlights from our external projects, internal activities and public relations work in separate sections to follow.

The coming of new generations year on year inevitably makes one feels old and ancient. Personal discomfort aside, we decided to revive the new OSArs' introduction section in our Newsletter. Flip to the back and you will find 49 smiling faces beaming at you. A warm welcome to our 30th OSArs!

Putting new OSArs' introductions, a review of our activities in the past year and sagacious sharing by our experienced OSArs in a single publication, this Annual Newsletter is veritably, an embodiment of a conversation of brilliant minds across the years – one which will hopefully continue under the next Executive Committee's wise stewardship.

Through words and pictures printed on these comfortingly tangible pages, our memories and sentiments during our term are in a way, preserved and hence protected against their gradual erosion by time. This Newsletter is a time capsule that the outgoing Executive Committee will return to, time and again, to recall the joy and warmth unique to the Association that we experienced in the past 12 months. We hope the same for you.

The 28th Executive Committee

August 2015

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HIGHLIGHTS
EXTERNAL PROJECTS

Volunteer Training Scheme 2014

Participants and OCs with the opening guest, Mr. Wayne Chau

Volunteer Training Scheme 2014 (VTS 14) commenced on 1st November 2014 and marked its end on 6th December 2014. This scheme was carried out in hope of rousing and consolidating the youth's engagement with our society such that they will learn, or continue, to provide for the less unfortunate. Participants, who were Form 3 to Form 5 local students, were divided into six groups. They included the Blind, the Deaf, the Elderly, the Mentally Disabled, the Physically Disabled and Young Children.

Participants make a Pledge before they implement their planned service projects.

Bearing its theme "Ignite the Spark Within, Let Your Story Begin", participants took part in a series of meaningful and pleasurable activities. VTS 14 started with Orientation Day, where participants started to get to know each other through mass ice-breaking games, as well as being introduced to the world of volunteering through speeches delivered by Guests-of-Honour including Mr. Wayne Chau and Ms. Sze Lai-shan.

Participants from the Mentally Disabled group learning how to push a wheelchair during an organisation visit

The Elderly group with their service targets

The Scheme continued with two organisation visits to each group's own service targets. They were arranged such that participants could act upon what they signed up for – to service the society. In addition, an event day known as Exposure Day was organised as participants had a blast at Dialogue in the Dark to understand how visually impaired persons confront everyday life issues.

The group serving the Young Children visit their service centre.

Subsequently, at Volunteer Day, participants shared their experiences during their organisation visits and Exposure Day. This was followed by Service Week. Finally, the Scheme came to an end on 6th December 2014 when participants presented service reports and played Ripples videos – a multi-media record of each group's reflections upon their experiences in VTS 14.

Hong Kong Youth Summit 2015

Hong Kong Youth Summit 2015 (HKYS15) was held from 1st March, 2015 to 4th April, 2015 at the University of Hong Kong. HKYS15 took "Releasing the Sticky Floor – Combating the Stagnation of Social Mobility" as its theme, under which around 80 Form 3 to Form 5 students considered the degree of social mobility available to people from different income groups, age strata and professions in selected social domains.

Delegates being trained on the Orientation Day

Delegates lobbying for support during a free debate session

Delegates voting during a Commission meeting

Forums – where students assigned with specific stakeholder identities convened to discuss related issues – were balanced with Commission Seminars during event days and Interviews and Excursions throughout the month. Our Guests-of-Honour include our opening guest, Prof. Lo Chung-mau, the politician and entrepreneur Ms. Ada Wong, and the former CEO of Tse Sui Luen Mr. Erwin Huang.

Hon. Jasper TSANG, Chairman of the Legislative Council, engages in a question & answer session with one of our delegates

Prof. LO Chung-mau addresses our delegates in the Opening Ceremony

Students were challenged with new information and perspectives presented by our guest speakers and collaborating organisations.

Members of the Organising Committee with their souvenirs at the Closing Banquet

The Closing Banquet

Check out our Opening Video at http://tinyurl.com/ldobenc for more information about the theme of our project!

Project Resonance 2015

Participants refreshing themselves during the Water Game

Participants having singing classes at Marvix Music Workshop as one of their experience sessions

Project Resonance 2015 (PR 15) focused on the prejudiced minority groups in Hong Kong, including Ethnic Minorities, the Disabled, Heritage Conservationists, Japanophiles, Religious Minorities, Sexual & Gender Minorities, Street Artists and Tree Huggers.

Dancing during the Campfire night during the Interflow Camp

Participants having a BBQ dinner during the Interflow Camp

Participants took part in interviews with guests and experience sessions designed to teach them the concerns and difficulties of the minority groups. This was followed by the 4-day-3-night Interflow Camp, where lifelong friendships between group mates were nurtured.

Participants serving visitors at the Carnival Showcase

Group photo at the Carnival Showcase

Participants enjoyed a series of games throughout the camp, most notably our Detective Game, Night Walk and Room Escape. This culminated in Carnival Showcase on 26th July at Kowloonbay International Trade and Exhibition Centre, where participants shared their reflection and knowledge gained in PR 15 to the public in eight booths.

HIGHLIGHTS
Internal Activities

Mentorship Programme 14 – 15

Opening Ceremony of Mentorship Programme

Mentors and Mentees of the Law group are chatting for the first time

Our Mentorship Programme this year is once again a testimony to the diverse interests and accomplishments in our HKOSA family. Senior and junior OSArs were placed in groups of 2 to 3 under their aspirations or fields of expertise. From Architecture, Journalism and Communication to Law and Medicine, the two most popular fields among OSArs, OSArs were able to find their own mentor/mentees to walk side by side in the year to follow. The Programme was inaugurated in November with an Opening Ceremony in November at HKU. Mentors and mentees continued to meet up with each other in their private capacities throughout the year. We hope that this but marks the beginning of the mutually beneficial and lasting friendship among mentors and mentees.

Christmas Gathering

Christmas gathering group photo

Mingling at the Christmas Gathering

Our Christmas gathering was held at Van Gogh Kitchen in Causeway Bay. We were supplied with generous portions of delicious party food, and over 20 OSArs enjoyed an afternoon of snooker, karaoke, video games and mass games with the Executive Committee members. OSArs enjoyed catching up with their friends and also got to know other members of the Association.

OSArs enjoy a game of snooker at Van Gogh Kitchen, the venue of the christmas gathering

OSArs enjoying mass games

30th OSArs Orientation Camp

30th OSArs having a bike ride on the East coast of Cheung Chau

Group photo of the Orientation Camp

Our 30th OSArs Orientation Camp this year was held at the Caritas Ming Fai Camp in Cheung Chau. At the camp, new OSArs formed strong friendships with each other and were acquainted with the Executive Committee. Dedicated OSArs from past years also joined the camp to introduce the new OSArs to the rich history and the wealth of resources available at HKOSA. Participants enjoyed themselves in room games and toured around the scenic roads of Cheung Chau for snacks and desserts.

OSArs BBQ-ing at the Cheung Chau campsite

OSArs playing room games at night

Participants at a dessert restaurant

The new OSArs and Exco enjoy some street beverages at Cheung Chau

Job Shadowing Programme

This is a new initiative of the 28th Executive Committee bring junior and senior OSArs closer and at the same time, assist our members' at secondary and university level in planning for their career and further studies.

10 junior OSArs shadowed 4 OSArs in companies of their choice, among them are listed equity and foreign exchange investment firms and Agent of Change, a social enterprise founded by Mr. Wayne Chau. Junior OSArs arrived well-prepared and experienced work on the ground including meetings with senior OSArs' clients.

Trampoline Park Gathering

OSArs arriving at Ryze

OSArs enjoying themselves in the dodgeball court at Ryze

10 OSArs joined our Trampoline Park internal gathering held at the Ryze Ultimate Trampoline Park in Quarry Bay, the first internal gathering of its kind. They thoroughly enjoyed bouncing themselves exhausted on the 50+ connected trampolines in the park, and also had a satisfying dodgeball match and basketball dunk challenge on the trampolines.

HIGHLIGHTS

Public Relations

Digital Broadcasting Limited Radio 4

	Adrian PANG (IRO) and YS 15 OCs and participants at DBC's studio
	Andrea LEE (27th ExCo VP) and 28th ExCos at DBC

In continuation of last year's media coverage, the Association cooperated with the Digital Broadcasting Corporation (DBC Radio 4) this year to enhance the profile of its external programmes. Selected participants from the Volunteer Training Scheme 2014 and the Hong Kong Youth Summit 15 were invited to attend a session of "非常班房" on weekday's afternoon for a 2-hour sharing. These participants shared their unforgettable experiences and the knowledge or skills acquired through the projects.

Young Post

youth groups

Social mobility is a growing issue for the city's young people, so the Hong Kong Outstanding Students' Association tackled the problem at the Youth Summit 2015

Moving up and moving on

“Moving up and moving on”

youth groups

Keep your chin up!

The road to success is sometimes bumpy, but the triumphs of Wayne Chau and Hugh Kam show that it's important to keep trying and never give up

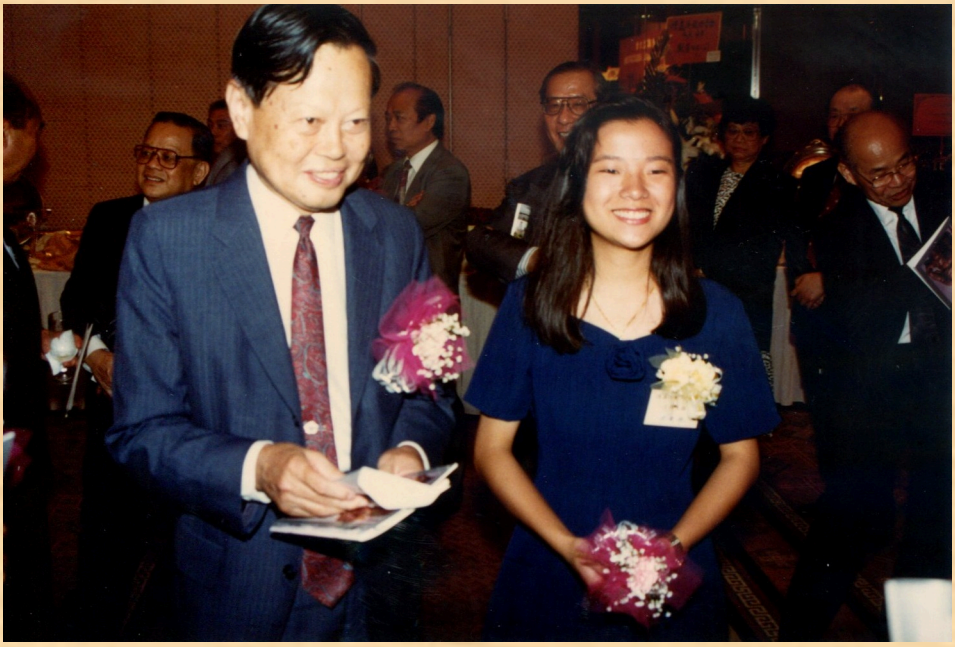
“Keep your chin up!”

We have published 9 full-page features in SCMP's Young Post from Sept 14 to Jun 15. From Jan 15 onwards, our features were also published in the newspaper's online version. A wide-range of topics were covered in these articles, from our members' individual achievements, sharing of their triumphs over adversity, the Association's mission to promotion for and review of our present and past external projects. Special thanks to Mr. Hugh KAM (1614) and Mr. Wayne CHAU (1406) for their contribution to our feature about the ingredients of success! Visit http://yp.scmp.com/search/article/hkosa for some of the articles.

Business
Norris LAM (0606) and Grace LAM (2725)

Interviewers: Emily LEUNG (3024), Anny SO (3033)
Edited by: Andy KWAN (2721), Natalie CHEUK (2808)

Norris is one of the Managing Partners of Forbes Financial Centers Development, whereas Grace is a Year 2 Global Business student at the Hong Kong University of Science and Technology. Both are actively involved in meaningful causes outside their work and study. Norris was formerly the President of HKOSA (6th Executive Committee) and the current Chairperson of the Steering Committee of Hong Kong Outstanding Students Award, while Grace was the immediate past Chairperson of the Business Students' Union at HKUST.



Norris and Prof. Chen-Ning Franklin Yang

The interviewers were delighted to be invited to dinner with Norris and Grace. In the relaxing ambience in the evening, we were inspired by their sharing about their decision to enter the business field, the hard choices they encountered along the way and their advice for OSArs aspiring to join their ranks.

Why Business?
"I want to study something that I am really interested in," Norris and Grace replied coincidentally. As they say, great minds think alike, interest played a main role in both of their choice of major and profession.

Finding one's interest is not always a straightforward matter. As a child, Norris considered taking up a career in science. She attritubed this to her father's influence,

who was a doctor and an inspiring mentor in the study of the sciences. However, with time, it became obvious that business is her true passion.

Her ambition thus clarified, Norris was set on pursuing a business degree. This led to another question about her study destination. On the one hand, she was excited by the propsect of experiencing local university life. On the other hand, she was also eager to take the opportunity to go abroad and see the world. Should she stay or should she go? Needless to say, it was not a easy decision to make.

Ultimately, Norris decided to enrol as a business undergrad at The Chinese University of Hong Kong. In addition to her own reasons, OSArs' recommendations, as well as her parents' wishes for her to remain in Hong Kong, were an important part of her consideration.

Similarly, genuine passion for the field was the main motivation in Grace's decision to pursue Global Business as an undergrad. Using her ideal career pathway as a starting point, she carefully eliminated study options that misaligned with her vision. This finally brought her to Global Business at HKUST.

The main attraction of the programme lies in its flexibility. Grace believed it opens up a great number of career possibilities and grants her more control over her professional development. Confidence was also part of her consideration. Grace's experience as a seasoned debator in secondary school bolstered her belief that she has what it takes to succeed in business school.

University life: A time for adventure and self-exploration

Grace rejected the option to pass her undergrad years as a nerd surviving on book knowledge. Instead, she was drawn to HKUST's student societies to explore herself.

"Although my involvement in the student Organising Committees took up a lot of my time, it was undeniably, a richly rewarding experience," Grace said.

Grace (fourth from right) as the Chairperson of BSU 13 – 14

In the past year, Grace has organised an impressive number and range of activities. As the preceding Chairperson of BSU 2 years ago, she organised the business students' Orientation Camp last year. She found herself with better leadership and communication skills afterwards.

In year two, she participated in case competitions as an analyst on her team. In August 2015, Grace and her teammates will compete on an international scale in Thailand. She foresee that it will be a wonderful opportunity to exchange thoughts and ideas with students coming from all over the world.

How about Norris? "I was also on a number of student Organising Committees as a business undergrad. The whole experience was truly eye-opening. Besides, I took a senior OSAs' advice and joined CUHK's debating team. In addition to improved debating skills, it also enhanced my ability to communicate with people," Norris said.

In addition to her active life on campus, Norris took part in exchange programmes as a student representative of CUHK. One of her destinations was Korea. "Going on exchange really expands one's social circle and horizons," Norris emphasised. "I would strongly recommend any youngster to treasure the opportunity to spend some time overseas during their university years," reiterated Norris.

Transitions: Between industries and from school to the workplace

After settling on a major, another momentous decision – planning for her next career move – loomed ahead. Rather than scouring through endless streams of information, Norris preferred to be on the ground and understand the business reality in the first-

person before she made up her mind. As a result, she kept her mind open and applied to companies in different sectors and even across industries!

“I cherish the opportunity to interact with company representatives across sectors and industries during interviews to gain an insider’s view of its internal workings. Rather than confusion, I enjoyed the variety of the experience,” Norris said. After a series of interviews, Norris was able to confirm her interests.

Yet interest was not her only concern. Norris also wished to seize the opportunity to work on her weaknesses. She explained that her decision to enter finance was partly movitated by her desire to improve her mathematical sense.

“Some may base their career decisions completely on practical gains, like money and prestige. Some may prefer to focus on their current strengths. However, I believe that trying something new, or venturing into territory where one must rely on one’s less established skills, yields benefit for one’s career development and in the shape of one’s life.”

Norris's courageous attitude, among her many other merits, led to her selection as one of the few participants in HSBC’s global training programme. She was trained to become a top Executive Manager in finance, while still enjoying access to the welfare and benefits in her previous position.

Norris and Steve Forbes, Chairman and Editor-in-Chief of Forbes Media

Norris’s adventures abroad has been a true reveleation. It also catalysed her next career move. After many face-to-face encounters with multinational professionals in the technology stock industry, she realised that it posessed greater complexity that surpassed her original expectations. Rather than feeing daunted by its complicated details, she was attracted to its dynamism – she confessed that informaton analysis and repetitive work is not her cup of tea.

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Her insight from her overseas experience fueled her determination to leave her relatively predictable career in finance and join the technology stock industry. This entailed forsaking her achievements in finance and certainly required a lot of courage. In retrospect, what does she think about this decision? "This can be regarded as one of the major crossroads I have met so far. Until now, I still believe that I have made a wise choice," reflected Norris. "Youngsters should find the courage within them to try different things. Experience always come in handy somewhere down the road."

Grace, on the other hand, is an aspiring management consultant.

"My ambition was the result of my experience in case competitions. I really enjoyed the strong analytic component in case competitions, which also broadened my view of the work inside management consultancies."

"The variety of corporate contact available to management consultants is also a good match to my desire to learn about different sectors and industries from the inside," added Grace.

Grace admitted that planning for a career in business – with so many options available – has been one of the greatest challenges that she has even faced. But she is adamant that personal interest must go before financial gain in her career choice.

"It saddens me to hear that some business students decide to go into a particular field for money or prestige, and compromise their true interests," said Grace.

Norris's charity work: Continuing in the spirit of HKOSA's forerunners

Charity work has always been an integral part of Norris's life. Having been an enthusastic volunteer since adolescence, her participation in community services suffered a brief hiatus during her time abroad due to cultural differences.

Organising Orientation activities for incoming business students as BSU's Chairperson

In 2004, Norris returned to Hong Kong and reconnected with the late Auntie Doreen, then Chairperson of the Organising Committee of the Hong Kong Outstanding Students Award and other OSArs. Surprisingly, Auntie Doreen advised her to focus on her career first. Auntie Doreen was remembered as saying: "As long as you have the heart and passion, you always have the chance to contribute to charitable work." Norris took her words to heart and waited patiently for an opportune time to resume her charitable work.

When Auntie Doreen passed away 5 years ago, Norris was gripped by the desire to pass on Auntie Doreen's lifelong commitment to service.

In the absence of the Chairperson of its Organising Committee, the fate of the Hong Kong Outstanding Students Award was left in limbo. Norris initiated a discussion with senior OSArs to answer this question.

"We fear that the Award will become too commercialised if entrusted with a Public Relations firm. This erases its mark of distinction in comparison with other outstanding students elections and makes it more difficult to maintain members' relations among past awardees and finalists," commented Norris.

Together with Edgar Tung and Patrick Lee, fellow core members of the Award's Steering Committee, among others, Norris co-founded Youth Arch Foundation with support from the Hungs (洪氏家族) and other OSArs.

Without the likes of Whatsapp and WeChat, Norris, Edgar and Patrick could only rely on e-mail to communicate with each other. Between its proposal and its ultimate establishment, almost 6,000 e-mails were passed among the trio! The massive amount of work that went into the enterprise was obvious. After they have sufficiently clarified their vision, the trio recruited other OSArs for their assistance and support.

Norris's commitment to return to charitable work was strengthened by the deep impact of Ms. Dora Hung's passing 3 years ago. Like Auntie Doreen, Ms. Hung another major

supporter and sponsor of Hong Kong Outstanding Students Award. She was also Norris's mentor and a close friend.

Norris respected Ms. Hung deeply for her wisdom. She recalled a memorable piece of advice that she received from Ms. Hung many years ago when she was then the President of HKOSA. As the President, Norris came into frequent contact with high-profile personalities. Ms Hung gave her a timely reminder: "Be careful. Politics can get very complicated," which is one that Norris can still vividly recall to this day.

"If I did not have the fortune to benefit from Ms. Hung's sage advice, I would remain ignorant of the darker realities of our society," said Norris empathetically. She went on: "I admire [Ms. Hung's] wisdom and want to follow her example to devote myself to charitable work." Norris also explained the trust of her partners in charity in her vision also greatly bolstered her confidence to commit herself to this endeavour.

Although she cannot spend all of her personal time on charity, she still strongly believes in Auntie Doreen's advice that as long as she maintains the passion to serve, there will always be opportunities available for her to make her contribution.

"I hope that all OSArs can be compassionate and cherish every single chance to serve society," said Norris.

As a university student, Grace assign great importance to striking a balance between different areas of life. Her guiding principle in time management is to plan "so that I will not regret my decision in the future".

"[I choose to] spend time in a way that allows me to achieve maximum satisfaction. I have met some students who spent all their time studying or on entertainment – and regret it deeply afterwards, when it is already too late," observed Grace.

To lead a good life, Grace aim to divide her time evenly for different aspects of university life, like studying, extra-curricular activities on campus, internship, and spending time with friends and family. This policy has enabled her to keep her pressure level in check. It is obvious that finding a comfortable equilibrium across the many areas of life is a crucial factor for one's success and happiness.

Advice for aspiring businesspersons in HKOSA: Be flexible and stick to your values

Having gone down long ways in their respective journeys in the business field, Norris and Grace each have advice for OSArs aspiring to join the field.

Norris ranked flexibility as one of the pre-requisite for a successful businessperson. She believed that it is crucial, on account of the extremely volatile business environment in the modern world.

“For instance, one can lose one’s job without any warning in a day if the company shuts down. Therefore, one must be constantly prepared to cope with the changes of market," said Norris.

Norris also emphasised the importance of integrity. “Unscrupulous businesspersons do not always triumph. It is true that some businesspersons lack integrity, but history is the best evidence that their successes are often short-lived and this is not the best policy. One’s intergrity is an invaluable asset in business.”

Responsibility was also of essential importance to Norris. She recalled that it was her strong sense of responsibility, as perceived by her interviewers at HSBC, that landed her in its global training programme. She encouraged OSArs to treat their responsibilties seriously – regardless of its apparent significance or insignificance. She noted that if one gain the trust from one’s superiors, one becomes a likely candidate when superiors would like to delegate authority to others.

On the other hand, Grace advised OSArs to grab hold of every chance to broaden their experiences as much as possible. She emphasised the limited significance of academic results and received knowledge from books and lectures. She encouraged OSArs to take risks, explore as much as they can and widen their social circle, in the interest of their self-improvement.

Epilogue

It was a lovely evening punctuated by laughter and filled with the sense of kinship unique to the HKOSA family. The interviewers were captivated by Norris and Grace’s stories and greatly inspired by their sage advice and experiences. We would like to thank Norris and Grace for their generous sharing and wish them every success in the future.

Norris and her son, Atticus

Norris and Mr. To Chung at Chi Heng Foundation's Charity Walkathon

Education
Trudi CHAN (1404)
Walking and Learning side by side with the young
Interviewers: Katie NG (2935)
Edited by: Natalie CHEUK (2808)

A university undergrad, the writer was extremely thrilled to have the opportunity to converse with an educator. As one of the team players working for the Massive Open Online Course (MOOC) initiative at The University of Hong Kong, Trudi not only provided an insight on the role of technology in learning, but also on education itself.

Trudi (second from right) with OSAr HKU undergrads

The MOOC
So far, The University of Hong Kong (HKU) has launched quite a few online courses, available to both HKU students and learners around the world. Trudi, a crucial member of the E-learning Pedagogical Support Unit (EPSU) behind the MOOC initiative, was feeling rather pleasant about their outcome. One of the indicators of their success is their high attendance rate. According to her, MOOCs usually thousands or even tens of thousands of students around the world.

"The result here is way more impressive than traditional lectures – sometimes people hardly show up towards the end of the semester." Trudi described this as a more "democratic" way of learning: the asynchronous nature of the course means that students get to plan their own learning schedule. As is evident in the encouraging enrolment statistics, flexibility in time and place is a huge learning incentive for students.

The "Flipped Classroom"
Trudi was especially excited to talk about the flipped classroom, which she coined "homework in class". Along with the introduction of online courses, it is definitely not necessary nor wise for students to come all the way back to the university just for an

hour-long lecture. Flipped classroom is about making the best use out of the crowd being gathered in the campus.

"When a large bunch of students are gathered in a room, shouldn't we be encouraging interaction among students instead of letting them sit there and listen all the way? Why not group discussion for social science students; or design studio sessions for architecture students?" asked Trudi.

Trudi added that the application of the flipped classroom concept is not limited to the physical classroom. Sharing courseware online globally is also one of its prime examples. Is it possible for students to share their course material to while they conduct community service projects at different nations? Can universities around the world even exchange their course materials? To Trudi, there are millions of possibilities to be explored, as long as one dares to imagine.

Challenging Boundaries – Bringing Learning to a Whole New Level

The application of technology in learning is definitely no fresh news for anyone, but Trudi suggested that its potential has yet to be fully harvested. She noted, with a hint of sadness, that technology had been used in rather unenlightened ways. "Remember the time when they would play a video in every lesson? That was when most educators equated video-playing to e-learning. But that is not it!" Swept away by the excitement of new gadgets and resources opened up by the introduction of technology in the classroom, their original intention as tools to facilitate learning was seemingly forgotten. This potentially defeats the whole purpose of e-learning.

Trudi also recalled when PowerPoint first gained popularity with educators, most tended to directly copy text onto PowerPoint slides instead of utilising the functions of the software. "That is old medicine in a new bottle – nothing has improved. We must not forget why we started incorporating technology in teaching at first." Conscious of how easy it is to lose track of one's objectives in the age of explosive information and technology, Trudi often reminds herself to maintain a sharp focus of her own goal – utilising technology for greater efficacy in learning.

Trudi called the young generation the "extremely connected" – a group born into a world of Internet and technology, people who have no experience of the pre-Internet era who therefore have no say in letting technology infiltrate every aspect of their lives, including learning, with mixed results. Nonetheless, she admitted that the on-going e-learning revolution has greatly extended the boundaries of possibilities in learning.

At the moment of this interview, she was planning on online forums and debates in the courses, but who knows what tomorrow could bring? "Maybe one day, the computer could even mark essays for us; even humanities essays!"

"Co-creation is the New Form of Learning."

What role may teachers play in a learning ecology that is increasingly reliant on computer-powered learning activities? Trudi explained that the teacher has evolved

from an instructor to a facilitator. “Teachers must be learners themselves nowadays,” added Trudi.

To Trudi, this is the era of co-creation. The university is a huge archive, granting teachers and students access to a overwhelming number of both printed and non-printed resources. Trudi pointed out that teachers and students should closely engage themselves with this archive. Only through doing so can they truly absorb and incorporate the knowledge and wisdom within in their own projects. By putting it into action, the “dead” archives will be given a new lease of life. This is how acquired knowledge may be enriched and passed onto future generations.

The most interesting thing about co-creation, to Trudi, is its boundless potential. Trudi often wondered what should be done to maximise the learner’s potential. “We all have our knowledge base. It is like how you give a toddler only a bit of signs and he would learn much faster than any body could imagine. Should this not also apply to university students?” However, the extent of guidance remained one of the dilemmas of Trudi and many other educators. The fear of limiting one’s creativity by giving too much guidance is their shared nightmare. “It is heart-breaking to witness the death of one’s creativity. That is one most precious assets of a person.” Through all kinds of experiments, Trudi will continue seeking for this delicate balance.

Trudi advised OSAr undergraduates to grasp every opportunity to participate in research work as it is the best way to enrich one’s knowledge in the university. “Other than working for your society or hall, achieve something academically to enrich your intellectual self. You can never find this experience elsewhere.” Trudi can still recall her experience as a research assistant as an undergraduate at the University of British Columbia. It remained one of her most important experiences to this day.

The writer believes with her modesty and thrist for knowledge, Trudi will definitely succeed in breaking through more boundaries in learning, and contributing to education for a greater good.

Trudi at HKU's Centennial Campus with HKU OSArs

Entrepreneurship

William CHAN (1205)

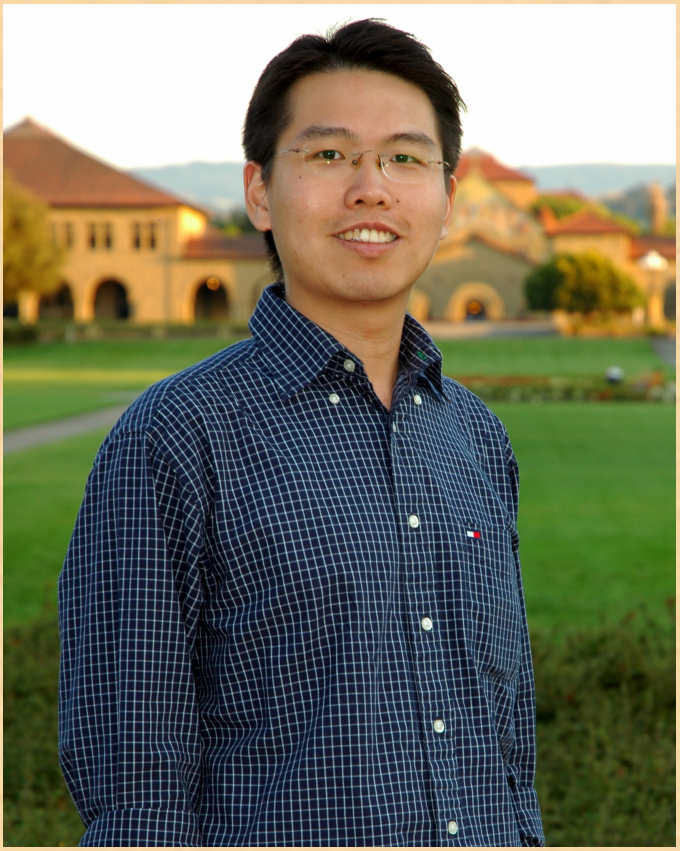
Interviewer: Kelly LAU (3020)

Edited by: Andy KWAN (2721), Alison IU (2914)

Prologue

As I waited at the coffee shop for William to arrive, I recalled the time when I first met him at the Mentorship Programme Opening Ceremony in November. His vision and passion to thrive in the IT industry was deeply memorable. I am excited by the opportunity to learn about the ups and downs in his journey to success and am convinced that an inspiring interview is lying ahead.

Overseas Studies in Stanford – An unforgettable journey to attain global vision



William at Stanford in 2006

Thanks to a generous alumnus, William attained a scholarship to realise his seemingly impossible dream – studying aboard. William considered that as a great opportunity to explore the world. He was first admitted by Carnegie Mellon University, a top institute in Computer Science. Later on, he transferred to Stanford University to pursue various domains of knowledge. Rather than feeling overwhelmed, he thrived under Stanford's competitive culture. Engaging in thought-provoking discussions with professors, meeting competent students all over the world, attending world-class lectures, every day brought new challenges which never ceased to excite him.

William also found that the identity of a Stanford undergraduate was a great driving force for him to improve and strive for betterment in different aspects. Another key feature of Stanford was its capacity to invite renowned celebrities, ranging from CEOs of corporates to political pioneers, to hold inspiring lectures. These guests were always willing and ready to share their own equation to success as well as some of the sincerest values they treasured. Following the footsteps of these outstanding role models was William's first step to kick off his career.

William at Stanford's Alumni Day of Service in May 2014

From Oracle, IBM, VMware to Google – A remarkable start of an adventurous career

With a strong belief to contribute to society, William utilised his IT knowledge to help the less fortunate in this city. He completed several internships during his studies. He recognized the importance of joining internships as that served as a golden opportunity to attain first-hand information about the industry and acquired essential skills requisite for his future at the workplace. Thus, both one's hard and soft skills could be enhanced. In 2004, William joined Google, one of the largest multi-national IT firms. As portrayed by magazines, being a Googler is an envy of many employees because of the attractive welfare packages and the pleasant working environment proffered. William emphasized that the most precious thing in Google was its corporate culture. Google sustains its leading position in the industry attributed to its innovation, flexibility and efficiency. The successful story of Google casts a substantial influence on the business practice of William's start-ups. That is why creating an encouraging environment for ideas to grow and glow remains the top priority of William's agenda.

Donning a hat on St. Patrick's Day at Google office in 2006

Trying out his gun-firing skills at Google's Holiday Party in 2006

Advice to our OSArs – Especially our future entrepreneurs

William's start-up team photo taken at Christmas 2014

Among all types of start-ups, tech start-up remains the easiest path to stand out given limited resources. But in order to excel in any industry, the first step is to better equip oneself. Thus, William suggested the following three imperative skills that were necessary for young entrepreneurs to pursue careers in the IT industry.

(1) Language Proficiency

"Hong Kong was once proud of the two distinct features of its human capital, fluency in English and acquisition of global vision. Lamentably, that becomes an old story," commented William.

It is a sad fact that our counterparts from Shanghai and Singapore are anticipated to surpass us in terms of language proficiency and this is a truth we are forced to face everyday due to the increasing importance of effective communication in the work place; Effective communication is truly the key for successful management. William emphasised on the significance of language proficiency to facilitate both internal and external interaction. Internally, interpersonal skills are pivotal for engineers to present some technical jargon and mechanisms in an "understandable way". Externally, presentational skills are necessary to maintain a good customer relationship with clients. All in all, good command in English is the bedrock of workplace communication.

(2) Technology Foundation

“A tech set-up of three BBA students with no tech background is destined to death,” cautioned William.

Basic programming and knowledge on the application of software are the ticket to enter this industry. William observed that some graduates spent a huge sum of money to attend private tutorial classes to attain basic knowledge on the usage of software. A wiser decision should be made as the suggestion of a 3-credit course in university is more than enough to acquire such knowledge. Thus, William predicted that the application of software will soon become a prerequisite skill that employees are expected to have. Therefore, it is always beneficial to take a few courses of IT in university.

(3) Global Vision
“Unlike Silicon Valley nor the Mainland, the local market as well as the domestic demand of IT products are relatively small. To expand the market, we have to open our eyes to the globe,” William elucidated.

To seize the unprecedented business opportunities, we have to familiarise ourselves with the overseas market. William then shared his observation when he was recruiting new bloods for his company. He recalled that the performance of local candidates was disappointing as they failed to view the company in a wider scope. On the other hand, our mainland counterparts did a much better job. They managed to identify the main rivalry in the European market for the business. That proves that local students have to pay more efforts in understanding the global market and developing global perspectives.

Epilogue
After listening to William’s sharing, I was hooked by his humble and approachable character. Moreover, his analysis on the global IT market is comprehensive and visionary. That was truly a thought-provoking interview. I started to reflect more on myself. Am I really ready to face the challenges in the workplace? The interview reminds me to act now and try all my best to sharpen my competitive edge.

William and the interviewer, Kelly

William and his son on Father's Day

William at his photo exhibition

Law

Jaime FONG (2209), Zita CHAN (2303), Phoebe KO (2320)

Interviewers: Stephanie CHOU (3007), Emily KWOK (3015)

Edited by: Andy KWAN (2721), Natalie CHEUK (2808)

Prologue

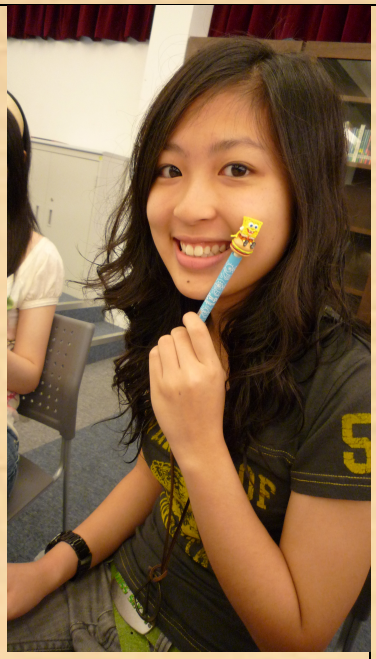
Law is one of the most popular university majors among OSArs. It is also a notoriously difficult subject, with guaranteed long hours of library research and painful essay writing that occasionally continues into the wee hours of the morning. Influenced by this common perception of life in law school, the interviewers were reasonably surprised when our interviewees depicted a drastically different view of the law school experience.

Our interviewees, Phoebe Ko, Jaime Fong and Zita Chan – the President, Internal Relations Officer and Internal Secretary of the 22nd Executive Committee of HKOSA respectively – are/were all law majors at The University of Hong Kong. They tailored their major combinations with respect to their interest and ability.

The 22nd ExCo

Phoebe was a Bachelor of Laws (LLB) student who graduated from HKU's Postgraduate Certificate of Laws (PCLL) last year. She is now in her first year as a trainee solicitor. Jaime is a Bachelor of Business Administration and Law (BBA[Law]) student currently in her PCLL year at HKU, whereas Zita is in her final year of study in the Government and Laws (BSocSc[Gov't & Laws]) programme.

Phoebe as President of HKOSA



Zita as the Internal Secretary of HKOSA

Jaime, IRO of 22nd ExCo of HKOSA

(From left) Jaime, Whitney Too, Zita and Phoebe as 22nd ExCos

Choice of programme: Single or double degree?

Phoebe's choice – the LLB degree has a more hectic schedule compared to the double degree options due to its shorter duration. While it is potentially more overwhelming in terms of workload, its graduates may enter the workforce earlier than their peers in double-degree programmes.

Unlike Phoebe, Zita and Jaime decided to take a double-degree programme. Their decision was motivated by their interest in the non-law component of their course. Having completed or almost completing their programme of study, Zita and Jaime reflected that their programme rewarded them with a broader education, through exposing them to a greater variety of experiences unique to their subsidiary degree.

Jaime at her graduation from BBA(Law)

Jaime commented that studying business and law in combination gave her ample opportunities to apply transferable skills from business in law. From business conferences to case competitions, these experiences beyond the legal field not only broadened their horizons, but also enriched their university life. The hard and soft skills that were moulded throughout their extended years in law school would also benefit them in the long term as a more versatile lawyer.

"Pursuing a double-degree forced me to learn how to work with maximum efficiency," added Jaime.

Unlimited possibilities in one's university life

While the three interviewees were taking largely identical courses, they each led distinctively different lives as a university student.

Zita was a residential member and former Executive Committee member of St. John's College. True to form, her membership at the College required Zita's significant commitment – especially in terms of time.

''There were times when I went to bed after dawn. It was admittedly, very exhausting, but I was at least enjoying myself. I have never regretted my decision to become an Executive Committee member,'' said Zita.

While Zita clearly had a positive experience at St. John's, her participation in hall activities meant that trade-offs were inevitable. The crunch time arrived and choices must be made to re-calibrate the balances in almost every aspect of her life. For instance, during her term as an Executive Committee member, Zita saw her family less and less.

Paradoxically, the encroachement on her family time brought her closer to her parents. Zita gained a deeper appreciation of her family's understanding of her situation and cherished what little time they have together.

Zita and her family

One thing that she has learnt from her experience at St. John's: "It is very important that one set a schedule and stick to it – this is the essence of good time management."

In addition to her regular studies, Jaime participated in an exchange programme at the University of Southampton in the UK. Her exchange experience broadened her global perspective and has been an important catalyst in her personal development.

In the UK, Jaime lived independently for the first time. She returned with a much greater degree of independence and a keen sense of global awareness. She also made friends that left a lifelong impact on her. These are all beneficial towards her career as a lawyer.

On the other hand, Phoebe assessed that her LLB degree provides sufficient training for her to realise her career goal. "Hong Kong Law examinations sometimes focus on a particular context and point of law," observed Phoebe. To answer these questions adequately, candidates must be very familiar with their syllabus. Single-mindedly focused on her ambition to qualify as a solicitor, she maintained a firmly focused on her studies throughout her 4 years in law school.

Rise to the challenge with a positive attitude

Being bombarded by heaps and heaps of reading is a chief complaint shared by many law students. It is therefore a source of wonder that Phoebe responded with a shrug when asked to recall an experience of this variety. She emphasised with a thirst for knowledge, combined with a willingness to go through written information to excavate the relevant information, one will be able to thrive and enjoy the course in spite of its heavy workload.

Have they ever thought about quitting when buried up to their necks with work?

Surprisingly, the common response from our interviewees was a flat "no".

"If you pursue what you are truly interested in, 'regret' will be the furthest thing from your mind.'' said Zita.

Giving back to HKOSA

After their term of office as Executive Committee members of HKOSA expired, Phoebe, Jaime and Zita were still obviously invested in the welfare of the Association and that of its members. For instance, Jaime and Zita were regular participants of the Associaton's Mentorship Programme. In fact, Phoebe is now mentoring one of the interviewers, who has received invalauble advice as regards her plans for her future career and life.

Their obviously upbeat personalities and proactive approach to life is a source of inspiration for junior OSArs. The interviewers would like to thank them immensely for sparing the time to speak to us in spite of their busy schedule.

Interviewing Phoebe and Jaime

Zita, Andy (VP) and the interviewers

醫護

李澤荷醫生 (0304)

訪問／文字: Vienna CHIN (2810), Autumn MA (2825)

編輯: 卓國穎(2808)

李澤荷醫生是第三屆香港傑生學生選舉的得獎生、第三屆執行委員會的公共關係主任，現職屯門醫院兒科專科醫生，專處理兒童癌病及虐兒個案。

「我當醫生，只會當兒科醫生！」

李醫生從小便十分喜歡小孩子。她坦言，自己小時候的志願並非要當醫生，而是幼稚園教師。身於醫學世家，外公是一位醫生、媽媽是一位護士，家人當然希望她成為醫生。中學參加傑出學生選舉時，要填寫「我的志願」，為了得體，她選擇答以「更宏大」的「醫生」。填報名表加上面試時反復解釋立志的動機，終把自己說服了，以當醫生為目標。

李醫生醫科畢業後加入了屯門醫院兒科，一做便是十九年了，即使結婚、生下兩個囡囡仍然堅持全職工作，由此足見她作為兒科醫生的熱誠。

作為兒科醫生

「醫生絕對是一份有福的職業！試想有多少職業能讓你每天都可以去幫人、救人？」

李醫生致力於幫助救治受苦的兒童，堅持即使多忙也要親自面見病童及家屬，細心跟他們解釋病情和治療方案。她認為治病固然重要，但「治心」亦是不可或缺的一環，以「全人醫治」為她的一個行醫理想。

李醫生如此喜歡小孩子， 每天面對飽受癌病煎熬的孩子，或慘遭虐待的小生命，甚至有不治的個案，豈不會更難面對？李醫生卻指出，她對孩子的愛護，反為她的工作添上更豐富的意義，讓她得到更大的喜樂。

患癌症的兒童的父母受的苦非常人能道。李醫生跟病童家屬講解治療方案時，必會鼓勵他們，強調醫療團隊、病人、家人三方須緊密合作才能戰勝癌病。

李醫生說，雖有不少孩子因病離世，但兒童癌症的康復率比成年人已較樂觀。七成五患癌的小孩都能痊癒，治療時間一般亦只需半年至一年。康復後，病人須長期定期覆診，因此醫生便能與他們建立長久的關係。李醫生笑說：「有一些病童最初由媽媽帶來覆診，長大了便自己到來，之後就與女朋友一起來，結婚派請帖，後來還帶着自己的小朋友到來！」

李醫生第二個主要服務對象是被虐兒童。她認為他們承受的痛苦絕不遜於患癌的孩子。後者雖身受折磨，但甚至因此得到父母、祖父祖母等加倍的疼惜。醫院裏的遊戲治

療，亦有助他們抒憂。反之，被虐兒童除了身體受傷外，心靈受到的創傷引致的痛苦更令人難耐，他們的自我評價因此一般都非常負面。

李醫生指出，屯門醫院附近區域是社會問題的集中地：毒品、家庭暴力、新移民、缺乏避孕意識而意外懷孕等。被虐兒童一般被學校老師發現他們身體有異常損傷後送到醫院，當中不乏被忽略、虐打、性侵犯的個案。李醫生的工作不只驗傷、治傷，更會與專責社工、警方等進行跨部門會議，為被虐兒童謀求理想和安全的治後安排。

傑出背後

李醫生榮獲傑生殊榮，但其實傑出背後並非一凡風順。十歲時，她隨父母由廣州移民到香港，生活足襟見肘。一家人住在深水埗一間板間房內，父母為生計長時間工作，，做功課、煮飯都要靠自己，迫使她自小養成獨立的性格 。

適應香港的校園新生活亦非易事。除了要趕上香港的英文程度，因李醫生小一至小四在大陸讀書，本地主流學校都只願為她提供低一年級的學位，被她堅絕拒絕，只好最後在天台小學插班。第一天上學時沒有校簿、校服。當年如此「標奇立異」的窘態到現今仍歷歷在目。及後由於搬家等緣故，六年的小學生涯竟在五所不同的學校度過，至今也記憶猶新！

不過，她當年最大的困難在於被歧視。她當年常常被嘲「大陸妹」，而且成績好更招來班中同學的不忿。有一次，一位男同學更塞了一隻臭襪在她的抽屜裏。李醫生憶述自己沒有退縮，站直身睨視那名個子矮的男同學質問。現在談吐溫文的李醫生一邊回憶往事一邊忍俊不禁！

經過新移民到港的適應期後，李醫生入讀了東華三院黃笏南中學。她飲水思源，揚言自己十分喜愛這所培育自己的學校，更形容她實而不華，充滿良師。她憶及當年一位良師一任教物理的林老師，不但授課精彩，更耐心為她分析性格助她中三選科，且與學生關係友好，邀請他們參與自己婚宴。幾年前，林老師罹患末期癌症，最後的日子堅持繼續回校教書，過身後用帛金成立了基金，協助該校學生將來攻讀物理。李醫生分享說中學的老師、同學和經歷對每人的一生其實很重要，那時所建立的心態、價值觀絕對影響將來人生路。李醫生當年有幸獲學校推薦參選傑生，後來會考成績優良，以暫取生獲中文大學醫學院收錄，展開行醫路。

驀然回首，李醫生肯定了兒時經歷對她畢生的影響。在中國大陸生活的時光，充滿了鄰里之間的閒談歡笑，各家孩子一起耍樂，較年長的負責看顧年幼的孩子。她猜想，昔日照顧小朋友的經歷，必培養了她今天對他們的憐愛！

南下香港後，生活艱苦。父母強調「凡事在我手」的人生觀，奠定了她後來奮發向上的根基。李醫生說舊時父母大多長時間在外工作，孩子都明白要自己計劃未來的路，不可依賴父母的安排。人生規劃一題勾起了她對一段重要的回憶：「有一次我獨個兒乘巴士上學去，望出窗外，觀察街上路人的動靜態，突然晃出一個念頭：自己將來不

能只做一個平平凡凡的人。人只能活一次，我要不枉此生。」李醫生視之為她少年時覺醒的時刻。

在工作上面對着許多受苦的病童，李醫生會把握機會跟他們分享孩堤時代的經歷，為孩子送上一份鼓勵。親身分享的機會，令李醫生看到自身經歷中隱藏的祝福。醫院接收的被虐兒童部分來自新移民家庭，新移民父母望子成龍、望女成鳳，惟初抵異地，孩子需時適應，難滿足父母期望，終成家暴的受害者。李醫生慶幸能以過來人的身份，鼓勵孩子，勸喻家長按部就班，如方法得宜，新移民孩子總會有出頭的一日。

未來計劃

李醫生是基督徒，於讀醫時候開始信教。宗教帶給她平安，堅定她行醫的信念。憑著信，她會繼續扮演關懷病童醫者的角色。工作上，李醫生亦將迎接一個新的里程碑。位於啟德的香港兒童醫院落成後，她將闊別工作二十二年的屯門醫院及虐兒部門，轉到兒童醫院全力處理兒童癌病個案。

家庭方面，李醫生兩個女兒的成長亦會是她長遠規劃的考慮之一。

共勉年輕人

李醫生對時下青年人有什麼評價？她答曰：「現在新一代的年輕人比以前的人聰明，可是有時卻較自我中心及不大肯貢獻和付出。」她繼而勉勵年青人及醫學生要具備犧牲的精神，不介意吃虧，才能幹出一番大事、成為真正的社會棟樑。

「我們凡事不能斤斤計較。之前曾遇到一位實習醫生，非常著緊下班時間以致本末倒置。病人親口向他求助，他卻把責任推卸到另一位醫生上，自己則準時下班。他的態度實不可取，亦令主管醫生對他留下壞印象。」李醫生指，醫生必需有同理心，又要願意無私地付出。如果他們連這些也計較清楚，不顧他人感受，要成為好醫生，實在不容易。

今天安逸的生活，令年青人失去了上一代生活歷練的機會。李醫生建議傑生可參考名人事錄，透過成功人士克服挫折的事錄，從中尋找靈感，學會逆境中的堅持。

此外，李醫生亦鼓勵傑生多做各種各樣的服務，去幫助有需要的人。小至賣旗活動，大至到訪其他國家幫助當地貧苦的市民，都十分值得參與。青年們定能從中獲益良多，例如學會易地而處、如何關懷別人、體會到自己的生活原來是這麼幸福等等。「施比受更有福」。傑生在參與更多義工活動後，定能領略到此句的智慧。

李醫生對兩個女兒的疼愛，在談及她們時一面欣慰喜悅的微笑中可見一斑。她不苛求兩女要有華麗的成就，只盼她們不以舒適生活為目標，善用才能幫助他人，釐清自己的理想。若女兒能完夢，過有意義的人生，便是李醫生最大的安慰。

時下社會

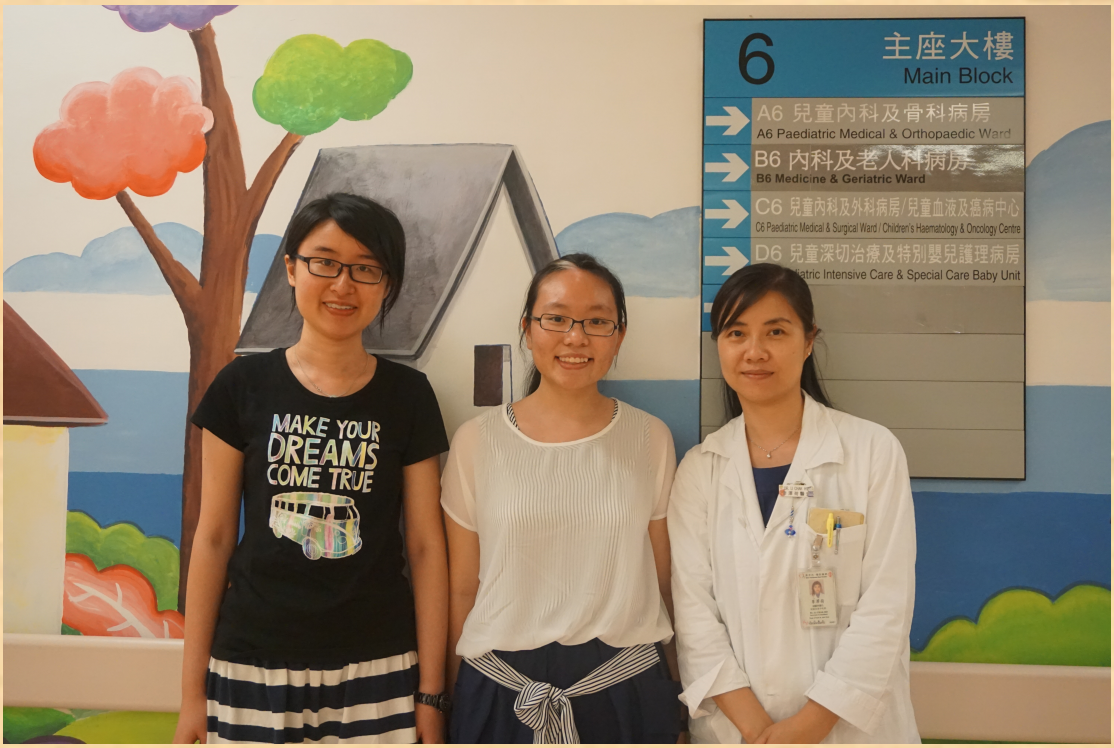
對於近日香港政局動盪，李醫生並不驚訝。她認為本土社會正處於回歸後必經的磨合期，要締造一個更美好的社會，有賴各方互相包容及體諒。

李醫生雖曾在倫敦工作半年，在英國生活的日子亦有它快樂的地方，但她的心仍深繫香港。她依戀這個培育她的城市，願繼續努力維護香港市民的健康。

結語

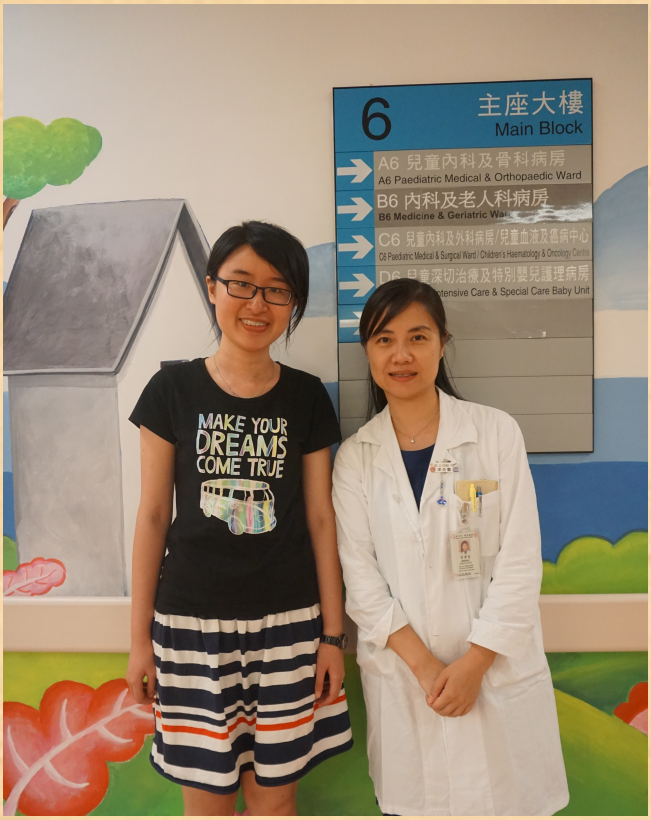
臨別時，李醫生笑容可掬地和我們在兒科病房美侖美奐的壁畫前合照。我們感激李醫生熱情的款待，更要謝謝她抽空與我們深入地分享她的工作、人生經歷及所思所想。

李醫生對醫護工作的熱忱使她的分享添上一份動人的感染力。盼望香港能有更多像李醫生這樣盡責及充滿愛心的醫生，為這個小都市送上一份愛與關懷。



6
主座大樓
Main Block
A6 兒童內科及骨科病房
A6 Paediatric Medical & Orthopaedic Ward
B6 內科及老人科病房

6
主座大樓


6
主座大樓
Main Block
A6 兒童內科及骨科病房
A6 Paediatric Medical & Orthopaedic Ward
B6 內科及老人科病房
C6 兒童內科及外科病房/兒童血液及癌病中心
MAKE YOUR
DREAMS
COME TRUE

Medicine

Dr. Tommy CHAN (0517)

Interviewers: Lilian LAM (2912), Vienna CHIN (2810)

Edited by: Natalie CHEUK (2808)

Dr. Chan's HKOSA Award

Dr. Tommy Chan received the Hong Kong Outstanding Student Award in 1900. His achievement inaugurated his adventures with the OSA family. They began a year before then, when he first tried for the award, albeit unsuccessfully (more on this later). He was the President of the 5th Executive Committee of the Association. Perhaps unbeknownst to the young Dr. Chan, they are fated to continue far into the future – up to the present day and hopefully beyond.

Dr. Chan is a specialist in family and community medicine. He is practicing in his recently opened "HOME" clinic in North Point, the fruit of a long and arduous journey – which is nothing short of remarkable.

First as a secondary student with dreams of designing buildings for the future, then a driven social work undergraduate and subsequently, an architecture student in the US and Hong Kong, Dr. Chan took the long way to realise and respond to his true calling to become a doctor. Yet as he told us, it has been a trip worth taking.

HOME Clinic

From Past to Present

Dr. Chan grew up in a family with very humble means to live by. However, his financial disadvantages have never deterred him from excelling. As a secondary school student, Dr. Chan was an ambitious and driven individual. His achievements in spite of poverty only strengthened his self-belief. Academically brilliant and artistically talented, he enjoyed successful years in secondary school.

Dr. Chan's artistic inclination and his obvious aesthetic talent led to his original aspiration to become an architect. However, his first brush with HKOSA altered the course of his life in the several years to follow.

Dr. Chan was not selected as an awardee in his first attempt in 1989. The reason? His underwhelming community service participation. As simple as that, he threw himself into volunteering in the following year. Though not performed with the purest intentions, the joy of serving others that he experienced and witnessed in social workers moved him to revise his career goal to become a social worker instead. Dr. Chan finally became an awardee in 1900 and a social work undergraduate at CUHK through the Early Admissions Scheme.

The auspices of his new university life were quickly spoiled by a crisis in the family. It became financially impossible to continue his studies. From a high-flying EAS student, Dr. Chan became a dropout who worked as a hotel operator (phone calls) to make ends meet.

As life continues to prove this repeatedly, Dr. Chan's 1 to 2-year long career as an operator was surprisingly rewarding. The camaraderie between colleagues was a new sensation and a source of happiness.

The wheels of fortune continued to turn silently. Out of the blue, Dr. Chan received an invitation from an alumnus of his secondary school to pursue an architecture degree on a full scholarship in the US. Dr. Chan embarked on his new programme filled with excitement. Yet struck by another disaster, he was again forced to discontinue his studies.

While fighting valiantly to cope with the aftermath of his personal crisis, Dr. Chan began his studies again as an architecture student at HKU. The road ahead once again became promising. Yet another major turning point in his life was about to reveal itself.

One day, as Dr. Chan passed an art supplies stockist, he noticed a blind man in front of its shop window. The huge contrast between the colourful items displayed therein and the pitch-black universe inhabited by the blind man hit him powerfully. Instantly, he felt a calling from God: paint colourful worlds in the disabled and infirm as a doctor. He followed this calling resolutely and medicine has become his career ever since.

The simplicity of the transition is deceptive. Life's tribulations began before he commenced his MBBS programme at HKU. HKALE Chemistry is a pre-requisite for prospective MBBS students. But Dr. Chan bypassed the A-Level syllabus as an EAS student and was never a full science student! Undefeated, Dr. Chan enrolled in a night school and completed the two-year Chemistry curriculum in 3 months. With an A1 in his HKALE Chemistry paper, he finally became a medical student.

Like every other medical student, he had his fair share of difficulties in medical school. But as always, Dr. Chan overcame them with determination, fuelled by his resolution to fulfill his calling.

Dr. Chan has experienced ups and downs. His ability to prevail in spite of the downtimes was awe-inspiring. Naturally, we asked him about his reflections upon his ultimate triumph over the many battles in life thus far. Surprisingly, he replied: it is hard to say.
Some may find this answer vague and unsatisfying. But perhaps this answer is more revealing than its conventional alternatives. It is hard to say how much or what he has learnt up to this point of his journey, as they are not quantifiable in terms of the knowledge and wisdom acquired but expressed fully in the person that Dr. Chan has become.

The Homely HOME Clinic

Dr. Chan's clinic is the best illustration of his personality and goals. Aptly named the HOME clinic, it makes us felt truly at home. From the wall-mounted 3D Disney cartoons and Doreamon styled hand cleanser dispenser at the reception, HOME clinic exuded a welcoming atmosphere, with none of the anesthetic cool of the typical clinic. He would like his patients to enjoy maximum comfort at his clinic. Informed by his awareness of the powerful influence of the environment on people, he has been most attentive to its interior design to achieve this end.

Before and after – the foldable examination bed/ table (Before)

Before and after – the foldable examination bed/ table (After)

Dr. Chan's evident commitment to the highest quality of patient care is also demonstrated in his insistence to reserving reasonable consultation time for his patients. Also specially trained in psychiatry, Dr. Chan would continue to investigate the causes of the patient's clinical presentation if he suspects that they are psychological in nature. He would not sacrifice the quality of the consultation simply to see more patients.

Dr. Chan behind the reception desk

Dr. Chan clearly cherish his membership in the HKOSA family. This is reflected in the logo of his clinic: the logo of both HKOSA and HOME Clinic is in blue and green, an allusion to the Chinese adage *qing chu yu lan* (青出於藍 "the green and the young surpasses his teacher in learning and wisdom"). The eventual maturity symbolised by the gradations of colours is one of the goals that Dr. Chan hopes to achieve.

Dr. Chan's carefully designed name cards – see what happens when 4 of them are placed together_

Plans and Hopes for the Future

Beyond its attractive appearance, HOME clinic also represents Dr. Chan's hopes for the future development of family and community medicine, especially in relation to social psychiatry.

Dr. Chan agreed that the high-tension lifestyle in Hong Kong made it an incubator for psychiatric diseases. He also noted sadly that in spite of which, the city's attitude towards mental patients still has significant room for improvement. Recent improvements have been promising. For example, the newly adopted disease nomenclature "mood disorders" lends a less intimidating tone to the ailment. The increasing willingness by public figures to discuss their experience of mental illnesses also led to bounds and leaps in combating the stigmatisation of mental illnesses and those who suffer from them.

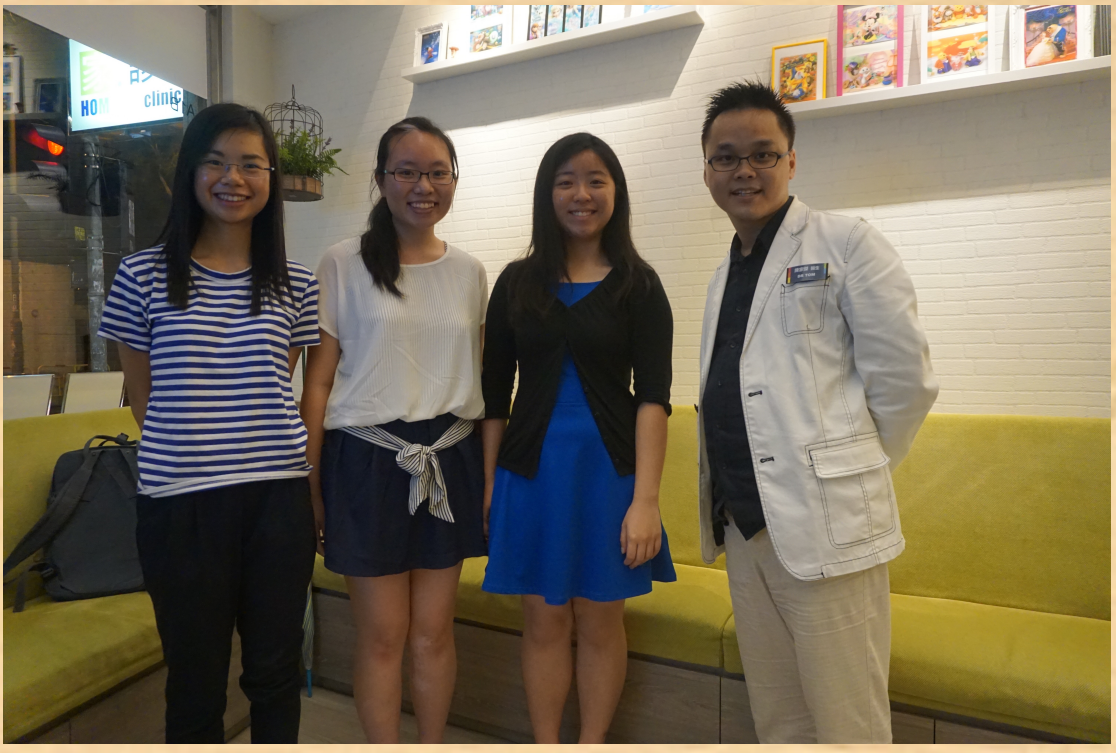
Dr. Chan pointed out that collaboration between the government, NGOs and many other relevant units are required to rectify the dire state of affairs at the present. As for himself, he fashioned his private practice as one of the agents within the grander scheme of change. His larger and ultimate goal is concealed in the unique name of his "HOME" clinic. He intends to keep it under wraps until his goal has been accomplished.

Besides, as a family doctor, Dr. Chan advocated for the elevation of status of family and community medicine as a specialty. He explained the importance of family doctors as gatekeepers of the 3-tier medical system. With their firm grasp of patient histories through following up a particular case throughout time, family doctors are more equipped to make timely and relevant referrals to optimise the use of finite medical resources. He lamented the worrying trend of patients going directly to specialists without referrals and hoped to see it being reversed in the future.

Words for Young OSArs

Dr. Chan saw HKOSA as an Association with a legendary status. It is remarkable both in its composition: generations of outstanding persons gathered under one roof; its ability to flourish year after year through the unfailing contribution of its members.

For a successful career and rewarding life, Dr. Chan stressed the importance of humility. Humility opens one to learn from people one encounters in life, and the treasures that one may unearth through this openness is limitless and often astonishing. He believes all OSArs are definitely outstanding young people. He noted that the conferment of the honour is not the end of our journey, but the mere start of our long way to contribute to society. Dr. Chan's own story is one of the best illustrations of this HKOSA spirit: to shine is to give.



Dr. Chan with ExCo and interviewers

Science
Dr. Karen CHAN (1602)
Interviewer: Harriet KWOK (3013)
Edited by: Natalie CHEUK (2808)

Brief Introduction
Karen Chan (1602) was the Internal Secretary of the 16th Executive Committee of the Association. She completed her undergraduate studies at the University of Hong Kong before moving to the University of Washington in the US for further studies.

Karen studies biological oceanography, with a specialisation in plankton i.e. any organism that cannot actively swim against the current. Broadly speaking, her work focuses on plankton behaviour. The interaction between plankton and changes in its habitat and the interaction among different species of animal plankton are some of the questions that interest her. A concrete example of her work is the investigation of the impact of reduced pH levels on baby snails.

Karen has recently returned to Hong Kong and is currently an Assistant Professor at the Hong Kong University of Science and Technology.

Karen's journey to becoming a scientist
Since childhood, Karen has had a clear, defined ambition to become a scientist. She has always enjoyed going out to explore and has loved nature from a young age. During the many walks and hikes that Karen and her parents took frequently in rural Hong Kong – Tai Nam Reservoir is a favourite spot – she often contemplated questions such as "Why?" and "From where?". Her boundless curiosity towards nature led her to realise early on that she was destined to become a biologist.

"I am interested in how the ecosystem works, the mechanics of it and how organisms and the environment work together," said Karen.

Given Karen's defined career trajectory today and her early aspiration, one may be surprised to learn that she too had moments of doubt about her career choices. It was through persistent finding and exploring opportunities that were open to her, she was able to find out where her true passion lies.

Initially, she was convinced that she wanted to work with marine mammals, well-known examples of which include dolphins and whales. As a result, Karen did an internship in Cambodia, where she was assigned to account for the size of population of an endangered river dolphin – by waiting around all day with baited breath and counting when the elusive mammal decided to reveal itself. It was then and there she realised that becoming a marine mammal biologist was not her true ambition.

Words for aspiring scientists

> "Being a scientist is like climbing up a hill. You cannot see the end and every time you climb up 3 steps, you may roll down 10." – Prof. D. Grünbaum, Karen's PhD Supervisor

Karen stressed that it is essential for aspiring scientists to have strong faith and confidence in one's work, because support from external sources is always uncertain and at best intermittent. Additionally, one should not become a scientist for the fame, as public recognition for one's work should not be expected. Last but not least, one has to be prepared to be proven wrong, even when one is convinced he/she is right. Science relies on revolutionary ideas and is constantly evolving. It is inevitable and within expectation that new discoveries may overturn existing ideas.

Being an assistant professor

As an assistant professor in HKUST, Karen's responsibilities include:

1. Researching;
2. Teaching and
3. Doing administrative work.

> *"We only conserve what we love, we only love what we understand, we only understand what we know, we only know what we are taught." – Baba Dioum*

Despite its small size, Hong Kong astoundingly houses a quarter of the biodiversity in China. It is therefore vital that we conserve what we still have for future generations.

As an assistant professor, Karen is in a privileged position to disseminate scientific knowledge to the community and in the long term, nurture Hong Kong to become a more scientifically literate society. She believes it is crucial for people to understand that every component in the ecosystem is important, as only then would they see the point in conservation.

"I love seafood myself and I want to conserve it for prosperity, so that even my grandchildren will have the chance to taste it."

"It's ok to feel dumb, because that is when you get to learn something new."

One of the most popular class activity choices with Karen is case studies because it encourages active learning. Another favourite of hers is "Muddiest Moment" – a technique widely practised at universities overseas – at the end of a lesson, Karen gives her students a slip of paper to write down one thing that her students learnt and another that they failed to understand. She collects them and responds to the ideas mentioned therein in the next lesson.

Karen's enjoyment at her new position in HKUST is evident, but it has not been completely free of setbacks.

One of the biggest challenges she faces is the lack of time due to her over-achieving personality. If it were up to her, she would love to try and do everything – which simply is not possible. On a more practical note, keeping plankton alive – a mundane but absolutely critical aspect of her lab work – is also challenging and sometimes a source of frustration.

The drastic difference in environment between lab conditions and plankton's natural habitat means that unless Karen and her team successfully simulate the natural conditions down to its most minute detail, the planktons will die. Furthermore, breeding plankton can be very difficult as it requires highly specific care. For example, Karen is now raising armies of baby squids for her current project. They only consume live prey, so Karen and her team must replenish fresh supplies of live fish and shrimp at the lab by making frequent trips to the market and feed the baby squids personally at regular intervals.

These struggles are more than made up for by Karen's immense satisfaction when she witnesses a moment of enlightenment with her students. She treasures her students' "AHAH!" moments the most, more commonly known as the light bulb moment, when a concept suddenly becomes comprehensible.

Karen's aim as an assistant professor is to help her students become active thinkers. This is so that they could make use of their knowledge to give back to society and Mother Nature in the future.

Plans for the Future

Karen is planning to stay on the faculty with HKUST and unsurprisingly, her long-term goal is to become a tenured professor. Regarding her plans for research, she would like to focus on the local coastal ecosystem in view of the deficiency of research in this area. Besides, the impact of climate change on plankton ecology is also one of her future research directions.

Ups and Downs in Life

Although Karen is faring very well in her profession right now, there were times when she had her doubts and considered moving to a different career.

One of the most memorable experiences from her PhD years was her unsuccessful project on geoducks (象拔蚌), which was never completed. A change in the water pH promoted a certain viral growth which proved fatal for many geoduck babies. Despite her best attempts, Karen failed to capture any geoduck samples at all. Failing again even after recruiting help from the neighbouring country of Canada, she was forced to accept the reality and abort the project for its unfeasibility.

Karen's PhD years in the US was an overwhelming experience in itself. For on top of the pressures of studying, she must also acclimatize to the US lifestyle – which she is totally adjusted to by now. In fact, she has found Hong Kong's fast-paced, crowded and hectic lifestyle somewhat alien since her return. Being back in Hong Kong has been a joyful experience for her, but she has found some of the cultural expectations, such as the rush to get married or to become a homeowner, slightly intimidating.

There was also a time where she was unsure of where her career was leading. A year before completing her PhD, she was given the chance to dedicate herself to science communications. She spent her time designing science exhibits for a museum and

enjoyed it enormously. However, in the end she figured that her true passion lay in scientific research.

Karen's Confessions

"I love working with microscopes, but…"

Due to the fact Karen's choice of work is so unique and she is so passionate about it, many people immediately jump to the conclusion that her life revolves around her being a scientist. There is no doubt that it does play a huge role in her life, but she also enjoys many other things. Karen revealed that many people often forget that "she is also a girl" – in reality she enjoys dressing up and being girly as much as any other girl. Moreover, her hobbies also include baking and flamenco dancing.

Motivation from Karen

"Everything happens for a reason," said Karen.

Like many philosophers have said before, the road to success is often bumpy and Karen's is no exception. She strongly believes that when one has a passion or interest, one should not only have faith in it, but also stick to it, as one should stand by what one believes to be important.

Adverse circumstances are a given, but it should never stop one from exploring one's full potential and appreciating the treasures that are already in one's possession.

30th OSArs Introduction

3003 Jackson Cheung, Kwun Tong Maryknoll College

Hi everybody, I am Jackson Cheung. I am going to share "my dream."

"Light up yourself when the right moment arrives."
I enjoy the sparkling moment on the stage. It lights up my life. The result may not be so important, the process of achieving the dream is rather precious for me. In the process of working on my dream, I have experienced a lot of disappointment, failure and pain. What I have learned is to persevere when facing hardship. Without insisting on our dream, we may lose the opportunity to shine in life.

There is always a rainbow after the bad weather. After walking along the difficult road, we can see the brightness at the destination. Do you have a dream? Yes, I have a dream. Ten years later, I can stand on the street and advocate my ideals. I can help the needy and achieve their dreams. 「路慢慢而修遠兮,吾將上下而求索。」Cheer up!!!!!!!

3004 Queenie Cheung, St. Rose of Lima's College

I like playing piano, drawing when I'm at home, and I enjoy doing sports, especially table tennis and swimming.

3005 CHIU Chun Wai , Maryknoll Convent School (Secondary Section)

Hi everyone! I am Eunice, a form five student from Maryknoll Convent School (Secondary Section). I am a dynamic person and I enjoy talking to people. I'm really excited to join the OSA family this year. Hope to know more about you all! :D

3006 Sara Chiu, Diocesan Girls' School

I like socializing and making new friends, at the same time enjoy moments of solitary. What I usually do then is to allow myself indulge in books – different genres ranging from science to philosophy. There is really something irresistible between the pages. As a student I am still discovering my dream, but no matter what, I hope I can make good use of my ability to serve the community and lighten others' life!

3007 Stephanie Chou, Diocesan Girls' School

Hi all :) This is Stephanie. I've joined the HKOSA family for a couple of years- from a participant of Interflow Camp 2013, to an organizing committee of HKYS and PR in 2014, and now an official member of the family as an OSAr in 2015. OSA is an amazing place where I've met my lifelong friends, who have helped me grow and supported me through everything :p

OSA shaped me to become a better person! :!D

3008 Gloria Chu, Tin Ka Ping Secondary School

我叫朱智賢，是一位中四女學生。我可能是一個比較文靜的一個人，別人總以為我是默不發聲的。可是在好朋友面前，我可以是活潑的；但一專注起來，我又會變模樣。我喜歡做別人認為沉悶的事，例如閱讀，聽音樂和發呆。我可連續好幾個小時做同樣的事情，但不會覺得無聊。

2913 George Ho, Ying Wa College

我是英華書院的何承樂George。喜歡和別人討論世界大小事，更希望有一天能□帶來一些改變。很高興加入傑生大家庭。

3013 Harriet Kwok, German Swiss International School

I'm Harriet from German Swiss International School, going into Form 4 this September.

I enjoy debating, fencing and doing charity work. Debating teaches me to appreciate the differences among people, a skill that is necessary to connect with our increasingly globalised world. Fencing is a tactical sport requiring physical and mental fitness, shaping me to become more resilient when faced with adverse circumstances. Charity work acts as my constant reminder of the true values in life, as well as allowing me to make a positive difference in people's lives.

My aspiration is to become a medical practitioner so that I can help alleviate people's pain and sufferings. I also hope to build hospitals in China rural areas so that the people there can also enjoy quality health care.

3014 Teresa Kwok, Holy Trinity College

我自小喜歡幫助他人，為他人服務，曾在中五時擔任學生會和天主教同學會的要職，希望盡一點綿力為同學服務。而這些經驗亦使我進一步突破自己和能更勇於面對挑戰。我亦喜歡在閒時畫畫，能從中放鬆自己之餘亦可尋找生活中的樂趣。

3015 Emily Kwok, Tsuen Wan Public Ho Chuen Yiu Memorial College

Hi everyone. I am Emily Kwok, a F.5 student studying in Tsuen Wan Public Ho Chuen Yiu Memorial College. It's nice (and lucky) that I can have a chance to join the OSA family and become one of the OSArs this year. I've been joining different OSA activities since joining this big family. I hope that all the experience gained throughout the activities will help in my future – studying law and make use of my knowledge to contribute in the society, to help those who are in need or those who are still being treated unfairly.

3016 Shirley Kwok, Tsuen Wan Government Secondary School

Hello, I am Shirley from Tsuen Wan Government Secondary School. Throughout the past few years as a secondary school student, I have been taken pride in taking some key posts at school and being given the chance to serve the community. I have been engaging in different clubs and societies' work such as the prefect board and the environment education team while participating some events held by a great swathe of youth groups as a volunteer. All these have sharpened my leadership and communication skills.

It is a great honour for me to be a part of OSA this year which provides me with numerous opportunities to meet high-calibre students from different school. I wish to make improvements and be a more all-rounded person to serve our dearest community and those who are in need.

3017 Fiona Lai, Tsuen Wan Government Secondary School

「我很平凡，但我自豪的是，無論怎樣，只要還活著，我就能堅強面對。」
我是荃灣官立中學的賴紀螢，還記得，去年我在選傑生表格裏自我介紹一欄中，寫上了這一句。□真的，要我寫關於自己的介紹，我沒有很優秀的成績長處或華麗的的英語措辭可以寫出來供人細□讚嘆，所以就只能寫自己大概是個堅強理性，尊重別人，珍惜所擁一切，嘗試默默付出去貢獻他人的人。今年九月我即將成為一個要面對公開試的中六生，我希望自己能盡力應試，將來成為一個醫護人員，為社會甚或世界上患病但因各種原因而未能接受適當治療的弱勢社羣出一分綿力，尋到自己生存意義及證據。

3018 Elaine Lai, S.K.H. Bishop Mok Sau Tseng Secondary School

Hi I am Elaine from SKH Bishop Mok Sau Tseng Secondary School. In the coming school year, I will be a form 5 student. I like playing piano and reading. Nice to meet you all!

3020 Kelly Lau, Shun Lee Catholic Secondary School

Nice to meet you all! I am Kelly Lau from Shun Lee Catholic Secondary School. I am excited to be a part of the OSA family. Through joining Project Resonance and several internal gatherings, I have experienced the warm and supportive atmosphere among OSArs.

I would describe myself as an optimistic and talkative girl. My greatest hobby is to communicate and interact with other people. That is why I enjoy debating and volunteering so much. Debating is a perfect platform to engage in rational discussions. On the other hand, dedicating myself in volunteering allows me to reach out to individuals from various backgrounds. Listening to others' stories is always inspiring and thought-provoking. Thus, I can't wait to chat more and share more with all of you.

3021 Natalie Law, Maryknoll Convent School (Secondary Section)

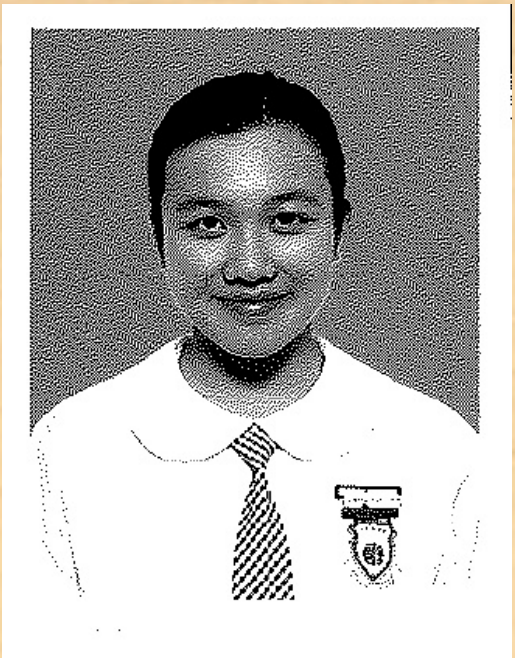
Hello! I am Natalie from Maryknoll Convent School. I enjoy playing different kinds of sports and I am keen on solo verse speaking. I fell extremely grateful to be one of the members of the OSA family, and i am looking forward to meeting great thinkers in this warm place.

3024 Emily Leung, STFA Leung Kau Kui College

People found me to be a cheerful and optimistic person. I attribute such personalities to my parents who always ask me to enjoy the present and think positively. I enjoy drama which can be regarded as the major turning point in my life so far. I used to be a shy person. However, confidence was trained up and I learnt to express my ideas and communicate with partners through drama. OSA also provides a great opportunity for me to exchange various views with others and I hope I will gain more fun and experience in this big family.

3049 Samson Yum, Diocesan Boys' School
Studying in Diocesan Boys' School has already been a privilege for me, but one should always be proactive, striving for improvement. As one of the ways to challenge myself, involving in the selection process of the Hong Kong Outstanding Students Award is truly a fruitful self-learning experience. Brilliant academic grade are undeniably crucial in the ever-changing society. However, "outstanding" means more than that. Therefore, in order for me to be an all-rounded person, emphasising on extra-curricular activities, community service and my passion is equally important. Ultimately, life is, in essence, a challenge. And without challenging myself, joining the family of the Hong Kong Outstanding Students' Association would just be a dream within a dream. Only by challenging ourselves could we perfect ourselves.

3026 Tiffany Liu, St. Mary's Canossian College
It's my greatest pleasure to be a member of the OSA family. Here I find role models, companions & friends. Thank you OSA (:



2930 Ana Lo, P.L.K. No.1 W.H. Cheung College

Hello everyone I'm Ana! I am glad to have entered this warm family of OSA and share all the joy and fun with other OSArs. I have had a great passion in public speaking and social issues, and I delighted to find friends with similar interests in this OSA big family. I believe every OSAr can create our own bright future and fulfil our responsibilities.

3027 Regina Lo, Marymount Secondary School

Greetings to you all! I am Regina Lo (people usually call me Relo). I first came to know OSA when I joined YS13 in S.4, and it was definitely the strong bonding between my OSA friends and I that has driven me to stay during the past 3 years. From being a participant of YS13, Icamp13 to an OC member of VTS13, YS14, PR14 and PR15, I would consider joining OSA as one of the best decisions I have ever made. It is certainly my greatest privilege to be chosen as a life-long member of OSA, and of course, to be able to meet you all! :D

3028 Vanessa Ma, Diocesan Girls' School

A fiercely ordinary teenager, I am an avid fan of cheap street eats and quotable witticisms. My peculiar and erratic interests have crossed through percussion, swimming, the smell of laundry and most recently an orderly inbox. Aspire to contribute to the growth of people.

3030 Jennifer Qiu, Diocesan Girls' School

Outside academic studies, my passion lies in MUN and music. I'm greatly fascinated by the dynamics of international relations and I like to role-play and debate upon some of the most relevant and imminent problems in society. MUN is also where I can truly express my views freely, without the constraints of marking schemes or similar forms of adjudication. Music, on the other hand, provides me with an escape from reality. It is in sharing the joy of music-making in choirs that I find sanctuary. I also relish the feeling of striving towards the same goal with my fellow choristers, especially how we never let go of each other's hands even when we stumble. I hold the many friendships and memories from choir very idea to heart.

3032 Hannah Siu, S.K.H. Bishop Mok Sau Tseng Secondary School

Hello! I'm Hannah Siu from SKH Bishop Mok Sau Tseng Secondary School. It's my pleasure to join OSA this year. I'm interested in business and dancing and I'm glad that I get information about these two aspects through talking to other OSArs. Through talking to other OSArs, I become more active than before and I am willing to meet new friends.

3033 Anny So, P.L.K. Centenary Li Shiu Chung Memorial College

My name is Anny So, a Form 5 student from PLK Centenary Li Shiu Chung Memorial College. I am delighted to become a member of warmest HKOSA family. John F. Kennedy said, “Things do not happen. Things are made to happen.” Through immersing myself in the wider world, my dream of pursuing career in business field is ignited. I enjoy interacting with people and solving unanticipated problems. At the same time, applying my knowledge, I would like to throw myself into Social Enterprise to serve the community. With fueled passion, I am looking forward to the fruitful experience in HKOSA!

3034 Connie Tang, Creative Secondary School

Do not expect me to be creative even if you have not heard of the school I am form. I am just an average person who plays the flute in an orchestra with 9 flutist and trains on pole vaulting. Cheers!

3035 Tiffany Tiu, Pope Paul VI College

Hi everyone! I am Tiffany Tiu from Pope Paul VI College. You can call me Tiff. I am a sports lover. I love all kinds of sports like running, badminton, handball, swimming, etc. Apart from sports, I love Chemistry. It is a bit bizarre but people in school just call me “Chemistry queen”. Last but not least, I am glad to be one of the many OSArs. OSA is like a big family and I have gained a lot from it.

3037 Careen Tse, Diocesan Girls' School

Hello! I'm Careen. It is a great honour to become part of the OSARs family! Known as being quiet and reserved, it was hardly imaginable that I could meet such a big community in a year time. Taking this opportunity, I must thank everyone for your warm welcome and support.
In the near future, I hope that I can contribute to this beloved society with my cheerful character. Above all, it would be my pleasure to learn about you and work together to achieve a better Hong Kong.

3038 Anson Wong, Salesian English School

Hi I'm Anson, the one who love gymnastic. I'm glad to be one of the members of the HKOSA family.

3041 Vivian Wong, S.K.H. Bishop Mok Sau Tseng Secondary School

I am Vivian from S.K.H. Bishop Mok Sau Tseng Secondary School. I will be a F.5 student next school term. I like painting and admiring beautiful things, especially the skies. I am not talkative. I prefer listening to different people's stories. I am glad to be an OSAr and meet you all!

3044 Janet Xu, Our Lady of the Rosary College

很高興今年能加入傑生的大家庭！我是徐曼菲，來自聖母玫瑰書院。「以生命影響生命」是我堅持貫徹的座右銘。我相信在這個溫暖的團體，積極向上及樂於奉獻的精神必定能得以傳揚！

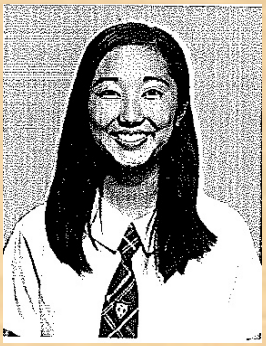
3045 Mandy Yam, S.K.H. Bishop Mok Sau Tseng Secondary School

Hello, I'm Mandy. I am currently studying in F5 and soon promote to Form 6. It's truly a pleasure to be one of the OSArs. I am a straightforward person and love to make friends. Artistic Gymnastics and figure skating are my all-time favorites, anyone share the same interests with me? Remember I am just an audience but not a gymnast or a skater.

3048 Eunice Yiu, St. Paul's Convent School

I'm Eunice (and sadly, I am not photogenic). I like walking to school every morning, filling my daytime with a plethora of extracurricular activities, and listening to classical music every night before I call it a day. I am an ordinary girl with a zeal for learning – whether it is on an academic subject, a musical instrument, or a philosophy of life. To me life is a climb. As my favorite quote goes, "Climb not so the world can see you, but so you can see the world." There is so much to learn in life, and right now I am gladly working my way up from the foot of the mountain.

2927 Chanel Leung, Kwun Tong Government Secondary School



3001 Karin Asai, St. Paul's Convent School

3002 Vivian Chan, Tsuen Wan Public Ho Chuen Yiu Memorial College

2810 Vienna Chin, St. Mary's Canossian College

3009 Crystal Chuk, Pui Ching Middle School

3010 Maggie Fung, Chiu Lut Sau Memorial Secondary School

3011 Herman Ho, St Paul's College

3012 Karen Hung, Holy Trinity College

2915 Harold Ki, Wa Ying College

3019 Tristan Lau, St Paul's College

3022 Ryan Lee, S.K.H. Bishop Mok Sau Tseng Secondary School

3023 Owen Lei, Diocesan Boys' School

3047 Yau Mei Ling, Concordia Lutheran School – North Point

3047 Yau Mei Ling, Concordia Lutheran School – North Point

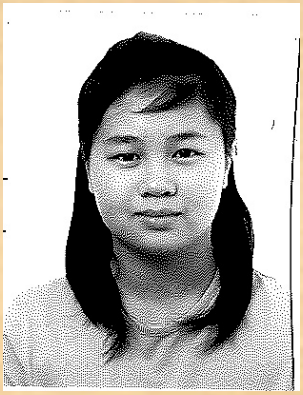
3025 Li Yee Ting, Diocesan Girls' School

3029 Gordon Ng, Kwun Tong Maryknoll College

3031 Jeffrey Shin, Pui Ching Middle School

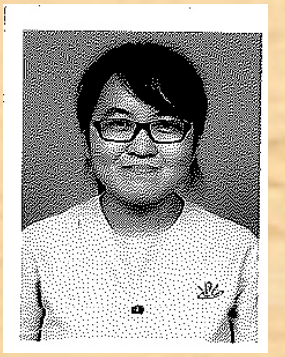
3036 Stephanie Tsang, Maryknoll Convent School (Secondary Section)

3039 Elaine Wong, Diocesan Girls' School



2939 Denise Wong, German Swiss International School

3040 Gabriel Wong, La Salle College



3042 Helen Wong, Our Lady of the Rosary College

3046 Michael Yan, King's College

3043 Constance Wong, St. Mary's Canossian College

Meet the 28th Executive Committee of HKOSA

SAMSUNG