

THE BEARER- *Fly:*

Linking Hearts



A 23rd Executive Committee Production

Dear OSArS,

Happy Summer!

It has been a long time since the last volume of newsletter. This time, the theme of this volume is 'Linking hearts', which means that this booklet serves as a link to connect the family members of the OSA family all around the world. It is sincerely hoped that each of you reading this newsletter can learn more about the latest projects, internal gathering and services our committee has held over the past few months!

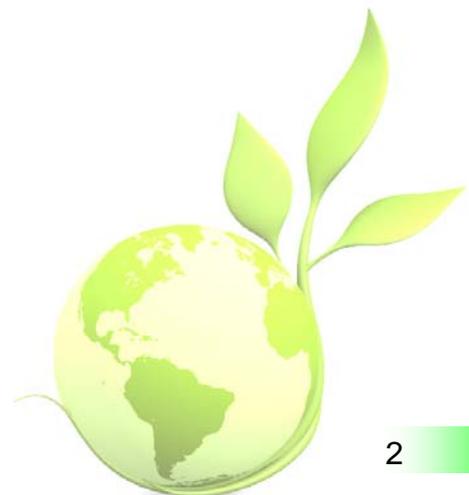
Since our last post in December, we have inspired more than 200 secondary school students through Hong Kong Youth Summit 2010 "*Beyond Boundaries, Project Prosperity – the Six Industries*" and Volunteer Training Scheme 2010 "*Helping Hearts, Linking Lands*". In this issue, you will find the lively reports of our effort as well as an account of International Convergence 2009 "*Around the World in 30 Days*".

Apart from outreaching to elite students, we were more than delighted to meet many senior brothers and sisters through mentorship programme and various meetings and gatherings. I am sure you will find many familiar faces in the photos.

When summer arrives, so do our family's new babies, the 25th OSArS! Being bright, young and passionate, most of them are going to join us in the preparation of the Interflow Camp in full enthusiasm by being part of the Organizing Committee. Let us all embrace a whole range of wonderful OSA summer activities!

Enjoy reading!

The 23rd Executive Committee
Hong Kong Outstanding Students' Association



International Convergence 2009



Introduction

International Convergence 2009, bearing the theme “Around the World in 30 Days”, has been successfully held. With the common goal of allowing participants to learn more about and have a taste of a different culture, the programme spanned over 4 weeks from 1st November 2009 to 28th November 2009. This included 3 events days, namely the Freshman Day, Junior Day and Senior Day, as well as a 3 week long exciting Cultural Experiencing Sessions.

The ExCos have worked hard in keeping the core distinguishing features yet at the same time adding creative elements into the program. After much considerations and hours of thinking, the ExcOs have finally come up with a few major reforms in the programme. We have named the event days, Freshman Day, Junior Day and Freshman Day with the goal of indicating the progressive knowledge and experiences gained in this programme. Moreover, a role play and simulation of rituals was added on the last day to spark participants’ creativity and increasing their understanding towards different cultures.

With the theme “Around the World in 30 Days, “Cultural Sparks” is another focus in our programme. We believe that many conflicts around the world are caused due to misunderstandings. A mixture of diverse cultures can create positive sparks and allow different cultures to appreciate each others’ uniqueness. Through the cooperation of groups representing different cultures could foster such an idea.

International Convergence 2009



Freshman Day

“A journey of a thousand miles starts with one step.” As participants came here completely fresh, we picked the easiest and most interesting topic to introduce to them the concept of international culture on Freshman Day. We were much honoured to have Professor Anthony Siu to share with us with the topic “Deciphering culture from media”. He shared his insights in obtaining bits and pieces of culture from media. In order to allow the participants to apply what they have learnt in the previous talk, short clips from movies or trailers were played right after with the gap of a mass game. Such clips are extracted from the 8 chosen countries. Discussion questions were prepared in order to stimulate participants’ thinking and understanding towards different countries. Participants were able to gain some understanding of various cultures and found the clips appealing. They also enjoyed the station games between talks and discussions to liven up the atmosphere.



International Convergence 2009

Cultural Experience Sessions

This is one of the highlights of the programme. More than 20 external visits are organised to allow participants to have a taste of the allocated countries' cultures. These excursions include consulate visits, native speakers teaching them cooking, temple visits and cuisine appreciation. Participants truly enjoyed the sessions and found them both rewarding and entertaining.



International Convergence 2009



Junior Day

After gaining some basic knowledge on different cultures, it was time to take a further step. The participants were given the opportunity to talk to the native speakers of their allocated countries with the help of Professor Adams Bodomo and the students from Li Po Chun United World College. They taught the participants some simple phrases using their own language and more importantly shared their culture. The students were so nice to bring along the little traditional ornaments for the participants to truly experience the culture. Rafa, from Spain, told the participants that one conventional way of celebrating a new year was by eating 12 grapes just before the clock ticks to 12:00. To enforce participants towards how cultures could be different but could spark, we were glad to have Professor Gordon Matthews along with his 12 asylum seekers to



to speak to us about “Cultural Sparks”. The participants enjoyed much in discussing with the asylum seekers as they came from a whole range of backgrounds beyond their imagination.



International Convergence 2009



Senior Day

After much learnt from Freshman Day, Junior Day and the Cultural Experience Sessions, it was time for the participants to shine. Participants had to show what they have learnt in these 28 days and applied it into two sessions. The day started off with a role play and simulation session of rituals. Two groups, representing different cultures are combined to present a ritual, namely the wedding, funeral, new year festival and special celebrations. As different cultures have diverse viewpoints and values, many groups presented conflicts due to misunderstanding. However, through much communication and compromise, participants met the goal of our activity which was showing cooperation and respect.

In order to achieve cross culture appreciation, a booth session was held. Through this platform groups were able to contribute and absorb what they have learnt. Many groups cooked the cuisine learnt in the sessions, the South African group even brought along the drums to demonstrate the beats they have learnt.

It was a great honour to have guests from various cultural institutions to have a look at the booths and overlooked the flag parade in the Closing Ceremony, marking the end of the International Convergence 2009.

REPORTED BY
CHEUNG, Conrad (2406),
JOR, Jasmine (2414), and KO, Jane (2319)



Hong Kong Youth Summit 2010

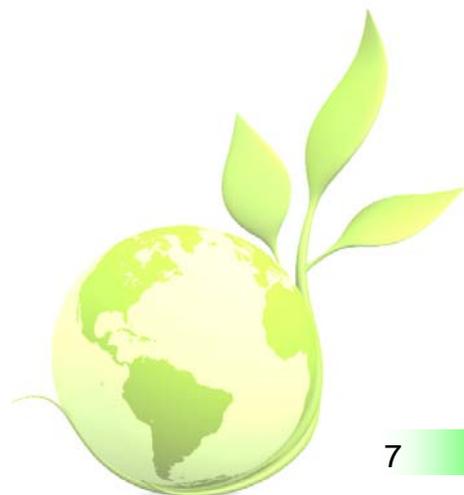


Overview

Stepping into the eighth year since its launching in 2003, Hong Kong Youth Summit 2010 bears the theme “Beyond Boundaries, Project Prosperity – the Six Industries” and began on January 30 and ended on February 28 with the Final Summit. This year, we have received overwhelming responses from students as well as enthusiastic and continuous support from government officials and professionals.

We were honoured to have invited Mr. TSANG Yok-sing, President of the Legislative Council of Hong Kong, Mr. LEUNG Chun-ying, non-official member of the Executive Council and The Honorable Sir David AKERS-JONES, Former Chief Secretary and Acting Governor of Hong Kong to share with us.

Like previous years, students entered different commissions and faculties in discussing the future of Hong Kong with regards to the Six Pillar Industries. They attended seminars, conducted interviews and presented constructive resolutions in the Final Summit.



Hong Kong Youth Summit 2010



“A dance?” asked the participants. The OCs gave a challenging question to the group.



The participants played challenging games and became more united.



Forming the word “HKOSA”!

Hong Kong Youth Summit 2010



Opening Address by **The Honorable Jasper TSANG Yok-sing, GBS, JP**



Keynote Speech on “Hong Kong Economic Competitiveness”
by **The Honorable LEUNG Chun-ying, GBS, JP**



Dr Kitty POON Kit, JP shared about her insights in environmental industry.

Hong Kong Youth Summit 2010



Criticizing. Debating. Negotiating. Compromising. Serious participants in meetings.



Ms Ida LEE Bik-sai gave a seminar which allows students to have a comprehensive understanding on the cultural and creative industry.



Professor Gabriel M. LEUNG, JP gave an inspiring talk on Medical Industry.



Hong Kong Youth Summit 2010



Miss Janet WONG Wing-chen, JP's gave an informative seminar on innovation and technology.



Professor CHING Pak-ching introduced various components of testing and certification services.



Mr Kenneth CHEN Wei-on, JP talked about the future of education services industry.



Dr Vichy HO Wai-chi gave an interesting workshop on public speaking and debating.

Hong Kong Youth Summit 2010



Representative of Small and medium enterprise: **Mr Edgar TUNG**
(He is one of the 4th OSArS who is now very active in the clothing industry.)



Representative Foreign Corporations: **Miss Norris LAM**
(She is one of the 6th OSArS who is now working in the assets management field.)



Hong Kong Youth Summit 2010



Representative of Middle Income Group: **Ms Scarlett PONG**, District Councillor



Representative of Big Companies: **Mr Patrick LEE**
(He is one of the 3rd OSARs who is also working in the asset management filed.)

Hong Kong Youth Summit 2010



Representative of Environmental Activists:
Mr Trevor YANG,
Chairman, Trustee, Executive Council of World Wide Fund



Representative of Low Income Group: **The Honorable LEE Cheuk-yan, JP**,
Legislative Councillor (NT West)



Representative of Youth:
Mr CHAN Chun-bun Bunny, SBS, JP,
Chairman of Hong Kong Commission on Youth



Volunteer Training Scheme 2010



Overview

Bearing the theme “Helping Hearts, Linking Lands” this year, the Volunteer Training Scheme 2010 kicked off on 13th March, 2010 with a successful Orientation Day. Two inspiring seminars, given by our guests of honour – MS Winnie NG and Mr Ringo MAK, helped our future volunteers set their personal goals for the upcoming project.

One week later on Volunteer Day, the technical knowledge our participants need to realise their aspirations was subsequently provided through a workshop by five Outstanding Volunteers, with Mr Henry LING and Ms Carmen HO in the lead. Immediately after Volunteer Day, the Adventure Day was held at the HKFYG Lamma Camp. The participants experienced a day of rigorous leadership training. Strong team spirit was forged and problem-solving skills were refined, both of which were of great use in the service projects.

Now equipped with a motivation to serve and the basic skills of a volunteer, our participants presented their proposals for the upcoming self-designed service project on Pledge Day, 27th March 2010. Under the lead

of Dr. Carol MA, all participants vowed to commit to serving with their whole heart in the Volunteer Training Scheme.

In the following month of April, our trainees put their theoretical knowledge into practice, and participate in carrying out their self-designed social services. Visits to international non-governmental organisations were also held to provide our volunteers with more knowledge about global volunteering, thereby instilling a global aspiration. The project concluded on 8th May, 2010, on which our volunteers presented on their services and their video products “Ripples” were shown. VTS was again proved to be an excellent programme for junior secondary school students.

REPORTED BY
CHEUNG, Conrad (2406),
KO, Jane (2319)

Volunteer Training Scheme 2010





Mentorship Programme Mid-year Gathering

The Mentorship Programme Mid-year Gathering was successfully held on 27th December, 2010 at St. Joseph's College. With more junior and senior OSArS joining in, the number of participants has accumulated to more than 60! Though it was a pity that some overseas OSArS were not able to take part in the gathering, it has received overwhelming responses. New mentors and mentees have given sparks to the original groups and made the mentorship experience more diverse and fruitful. All mentors and mentees got into different groups according to their interests, and they had some really good times chatting about their recent lives, their school work, their careers, and their dreams. Mentees were able to learn a lot from their experienced mentors; and at the same time, mentors enjoyed so much sharing with their mentees as well. The whole sharing session was held under a relaxing and warm atmosphere in the classroom, despite the chilly weather outdoors.

The gathering ended with the participants writing Christmas blessings for one another. Some groups had even set their next meeting or planned career-related visits. From the hearty laughter and chit-chats, the gathering was proven to be very successful in bonding all members of our big OSA family.

The next gathering will be held on 25th July, 2010. We look forward to seeing our new babies, the 25th OSArS, as well as our family member from different fields and places to take part in this wonderful programme soon!

REPORTED BY
CHEUNG, Liza (2409)



Mid-year Evaluation



The Mid-Year Evaluation Meeting, first introduced in 2008, was proved to be successful in enhancing communication between advisors and EXCOs. Held after the Mentorship Programme Gathering on 27th December 2009, the Meeting provided a chance for EXCOs to report on International Convergence and the Future Young Leaders' Forum. Brainstorming and Planning for future events including the Hong Kong Youth Summit and the Volunteer Training Scheme had also been done.

Special thanks must be given to the following people: Miss Justine TANG, Mr Keith TIEN, Mr Kenneth TONG, Miss Yvette BOON, Mr Hugh KAM, Mr Bryan KAM, Miss Joane NG, Miss Vicky LAM, Miss Ida LEE, Miss Jaime FONG, Mr Jeff CHAN, Miss Phoebe KO, Miss Chaminade LAM and many other advisors who have been giving us invaluable advice.

REPORTED BY
LEUNG, Cindy (2427)

'New Year, New Heights'

‘New Year, New Heights’ Hotpot Gathering held on 20th February, 2010 at Hei Yuet Hotpot Seafood Restaurant gave much warmth to the participating OSArS. They chatted about their recent lives and had a lot of fun during the dinner, and probably relaxed a lot after having completed the tiring Day 3 of the Hong Kong Youth Summit.

It was a special occasion when OSArS shared their well-beings during the Chinese New Year Holiday, just like the brothers and sisters in a family getting together in this traditional festival. Not only did the gathering unite the young OSArS much more than before, it also showered blessings that each and every one of them would achieve new height in the coming year. The gathering ended in a warm and cheery atmosphere.

REPORTED BY
CHEUNG, Liza (2409)



25th OSArS' Orientation Day



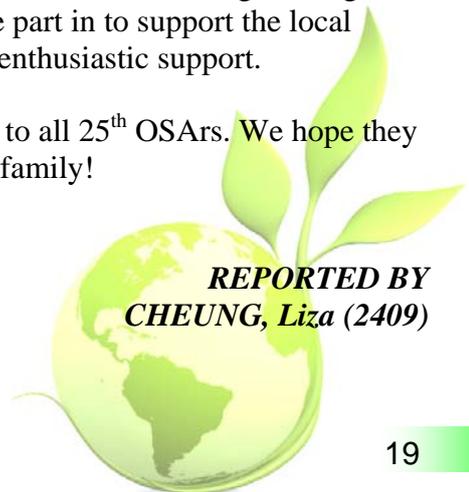
25th OSArS' Orientation Day

On 28th March, 2010, the newly elected 25th OSArS had the chance to meet up one another on the OSA Orientation Day. Through fun games and sharing from the many current members, they were able to know more about our Association. The day was a relaxing and happy one, and all the new babies surely had a memorable afternoon!

Gathering first at the City University, the young OSArS needed to solve a few problems with their teammates in the ice-breaking games. After that, they further practiced their team work with a simple tracing game throughout the entire university campus and Festival Walk. They were joined by advisors and other OSArS later on. The senior OSArS shared their unique OSA experiences with the 25ths, about the external projects OSA holds, the fun internal gatherings all OSArS join, and also the meaningful services OSArS always take part in to support the local community. Thanks must be given to the senior OSArS for their enthusiastic support.

Last but not least, we would like to extend our warmest welcome to all 25th OSArS. We hope they will cherish the unique experiences encountered in this splendid family!

REPORTED BY
CHEUNG, Liza (2409)



Lunar New Year Service



On 17th January 2010, OSArS participated in the Lunar New Year Social Service despite the bitter cold. To celebrate the fast-approaching Lunar New Year, we engaged in a meaningful service to spread our love and happiness during this festival of unity, joy and new beginnings.

The service aims to serve Elderly living in solitude in Chuk Yuen South Estate by visiting their homes to show our care and concern as the festival draws near. Beginning in the afternoon, the event was organized by the HKSKH Wong Tai Sin Multi-service Centre for the Elderly. OSA volunteers were responsible for distributing cartons of hot soups to the elderly in the cold weather, bringing both physical and emotional warmth. Other festive gifts were also prepared by the community centre for us to deliver to individual households. These were simple but practical ones such as woollen scarves, mittens, and noodles. The elderly were often

delighted to have visitors, and OSArS would chat with our clients to know more about their life and needs. It was a two-way connection: the elderly who received gifts felt cared about and less lonely; our volunteers, in turn, learned more about their lives and interests, and could therefore reflect on our own lives and society. Even simply talking to each other about our daily lives was an enjoyable experience, as the elderly had a lot of experience in life and often great stories to tell. Within three hours, OSArS visited more than three households. We all found the service a very rewarding experience, not to mention that the service centre invited us to share the hot soup after the service!

REPORTED BY
TSANG, Vivian (2434)

Tutoring services



Starting from November in 2009, OSARs have been participating in a series of voluntary tutorial sessions to help underprivileged primary school students prepare for their secondary school interviews.

The programmes are funded by the Wing Han Educational Foundation Ltd, which was established by Miss Dora Hung. The organisation focuses on the education of youth and engages in lending a hand to the youngsters living in poverty. On Saturdays in the last few months, OSARs served as volunteer teachers to hold mock interviews with primary five and six students, who need the training in order to get into their dream schools. The aim of the programme is to open up to the world for financially-challenged children and encourage them to aspire higher. We provide more training to them especially regarding English, as their family financial conditions may not allow them a private tutor. So far, we have been helping the students in Tai Po Government Primary School, Ka Ling School of the Precious Blood in Shum Shui Po, and Precious Blood Primary School (Wah Fu Estate). These schools are located in the

areas which are populated in large proportions by relatively low-income families.

Generally, tutors chat with the students in English to help them gain confidence in speaking. Over several sessions, the students make considerable progress, namely becoming more outspoken and fluent in interviews. The service not only allows OSARs to learn more about youngsters today, but also gives us a sense of fulfillment as we help our future successors to overcome the challenges we faced before. Simply talking to the children is fun, as their creativity is an endless source of entertainment!

The Wing Han tutoring services are still ongoing. Sign up now!

REPORTED BY
TSANG, Vivian (2434)

Tutoring services

Participants' reflections on tutoring services



It gives my great pleasure to have English speaking practices and mock interviews with students from 3 primary schools. Although they do not come from privileged families, I was deeply impressed by their strong motivation and enthusiasm to grasp every opportunity to learn, practise and raise questions. Their positive attitudes no doubt pay off. As I gave them feedback on their strengths and weaknesses after each round

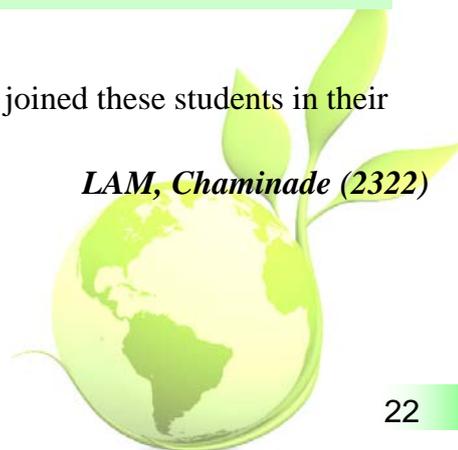
of practice, they made progressive and substantial improvements throughout the programme. These experiences have given me immense satisfaction as I witnessed their ability to express themselves more naturally and fluently in English. I look forward to helping in such meaningful tutoring programmes again in the near future!

TANG, Joey (2338)

Participating in the Wing Han service has been a fun and memorable experience for me. Not only were the students at the Ka Ling School well-behaved, they were also very receptive and willing to learn. Together we discussed a wide range of topics, from what they wanted to be when they grew up to contemporary issues such as drug abuse. One should never underestimate the dreams of these young students (one student told me that she wanted to be a biologist while another a pilot)! They reminded me of my childhood dreams. I am very glad to have joined these students in their preparation for the secondary school interviews.



LAM, Chaminade (2322)



The Green Forum



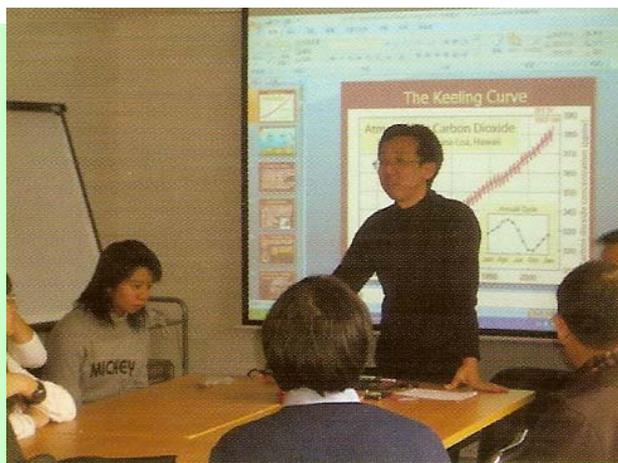
Our Earth is in peril! Recognising this inconvenient truth, The Outstanding Young Persons' Association and Hong Kong Ideas Centre co-organised a Green Forum for members of our Association and the Ideas Centre on 20th December 2009. Our Honourable Advisor Dr. Eddy Lee Wai-choi gave an informative sharing on various issues such as climate change, high-carbon economy as well as Copenhagen Climate Summit. It was very inspirational.

Dr Lee first analysed the serious impacts climate change has caused worldwide, including the melting of ice-caps, rise of sea level, extinction of species, rapid virus mutation, bleaching of coral reefs and frequent

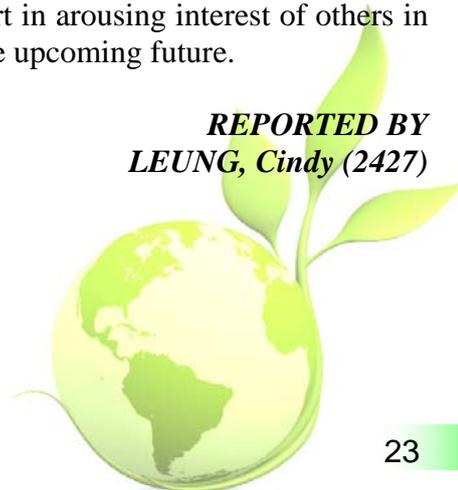
natural hazards. It was worrying to see that the abnormal changes were accelerating.

Then Dr. Lee moved on to the discussion of Copenhagen Summit which had just ended by that time. He said, "Human beings are slow-boiled frogs. If you throw a frog in boiling water it will quickly jump out. But if you put a frog in a pan of cold water and raise the temperature ever so slowly, the gradual warming will make the frogs doze happily...in fact, the frogs will eventually be cooked to death, without ever waking up." The water is boiling, but it was disappointing that the Summit failed. He went on to interact with the audience, listening to their opinions on how to create a harmonious low-carbon economy.

The session concluded with the encouraging words from Mr. Ringo Mak, Chairperson of TOYPA 2009-2010. We believe that our members and Association will make concerted effort in arousing interest of others in this topic in the upcoming future.



REPORTED BY
LEUNG, Cindy (2427)



Souvenirs Catalogue



Note Pad: \$8



T-Shirt (exclusively for OSArS): \$45



Towel: \$25



Wristband: \$10 (Multiple Colours)



Water Bottle: \$45

File: \$5



Interflow Camp 2010



PRESENTED BY:
THE 23RD EXECUTIVE COMMITTEE
HONG KONG OUTSTANDING STUDENTS' ASSOCIATION

SPONSORED BY:
CLP GROUP



REUSE
ECOVIATION
INNOVATE
CHANGE
LESS
H₂O
CARBON
ELECTRICITY
EARTH

INTERFLOW CAMP 2010: ECOVIATION

ORIENTATION DAY: 10TH JULY 2010
INTERFLOW CAMP : 27TH - 29TH JULY 2010
(PO LEUNG KUK PAK TAM CHUNG HOLIDAY CAMP)

Interflow Camp 2010: *Ecoviation*

27th July — 29th July

Po Leung Kuk Pak Tam Chung Holiday Camp

Coming Soon!

21-24/7/2010

OSA Camp

22/7/2010 (Thur)

OSArs' Night

25/7/2010 (Sun)

'OSA by 2015' Meeting;
Mentorship Programme
Annual Gathering cum
Dinner

27-29/7/2010

Interflow Camp 2010

1/8/2010 (Sun)

Annual Dinner

7/8/2010 (Sat)

Annual General Meeting

Thank you for reading.

Hope to see you in the upcoming functions!



The End



A 23rd Executive Committee Production