



The Bearer

FLY:

Flourishing Start



A 23rd Executive Committee Production



Foreword

Dear OSArS,

Greetings to all of you! Welcome to the first newsletter published by the 23rd Executive Committee.

Bearing the theme “EXPLORE: EXPrience the Earth, LOve the Living, REach to Reality”, we will put in our utmost efforts to uphold the fine traditions of the Association, as well as to contribute as much as we can to the society.

This year, we anticipate the annual projects to enable teenagers to broaden their horizons and spice up their lives, by stepping out of Hong Kong and into the vast world. Through investigating the distinct cultures in various nations, we hope that they can “EXPERience the Earth” and learn to respect every single unique culture. Moreover, we hope that this year’s programme will raise the awareness of youngsters on the minorities in the society. Through getting in touch with people in need, we hope they can always “LOve the Living” and pass the passion on. By devoting ourselves to serving the community and organising manifold activities, we also hope that teenagers will have a better understanding of the local community and acknowledge their roles in the society, thus “REaching to Reality”. Reaching from our society to the rest of the world, spanning from personal responsibility to high-achieving dreams – we are sure that you will find the OSA experience more unique and inspirational than ever.

This year, in order for everyone to be duly informed of the updates of our Association, we will publish three issues of electronic newsletters under the title ‘The Bearer’. Furthermore, the subtitle of this publication is “FLY: Flourishing Start”. In a moment, you will read about who the Executive Committee members really are and what we have prepared for everyone in the coming session – and now, let the colourful pages unfold!

Enjoy reading!

The 23rd Executive Committee
Hong Kong Outstanding Students’ Association

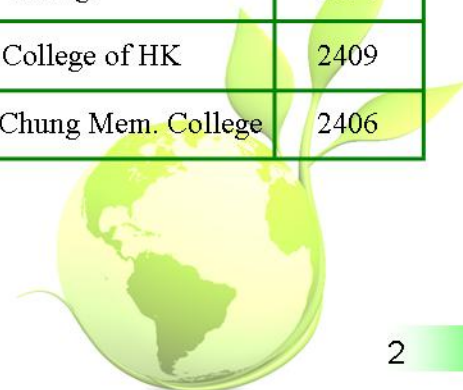




The 23rd Executive Committee



Title	Name	School	OSAr No.
President	LEUNG, Cindy	St. Mary's Canossian College	2427
Vice President	LO, Adrian	LPC United World College of HK	2444
Internal Secretary	KO, Jane	Maryknoll Convent School	2319
External Secretary	CHOW, Lilian	LPC United World College of HK	2313
Financial Secretary	WONG, Timothy	St. Joseph's College	2441
Public Relations Officer	JOR, Jasmine	LPC United World College of HK	2414
Social Services Officer	TSANG, Vivian	St. Stephen's Girls' College	2434
Internal Relations Officer	CHEUNG, Liza	LPC United World College of HK	2409
Administrative Officer	CHEUNG, Conrad	PLK Cent. Li Shiu Chung Mem. College	2406





Words from the EXCO

PRESIDENT

*LEUNG Wing Yan, Cindy (2427)
St. Mary's Canossian College*



November 2009 is the saddest month in OSA ever. I would like to take this opportunity to express our sincere condolences to Auntie Doreen's family and friends.

To our Association, we have lost a binding figure and a caring mother; to Hong Kong, we have lost a devoted friend and leader. But my dear elder sisters and brothers, and my future younger brothers and sisters, let us not count what we have lost, but remember what we have built - the flourishing history of OSA and the unique network that passes through two decades and connects several continents. The OSA spirit and friendship of 22 years must continue. The Award must continue. The 25th, 26th, 27th and so on OSARs will be and must be borne, for this is Auntie Doreen's wish. Let us make this happen. Let us pass the fire on.

But the 23rd Executive Committee, or Mable, or Mr. Raymond Simm alone cannot make this happen. OSA needs your support and guidance. Our honorary advisor Mr. Peter Hung said, "Although the mother has gone, the children have grown up." May we all work together closely from now on as a united team as well as a loving family.

Putting aside sadness, let us recall the happy and fruitful moments of the 23rd EXCO as the bearers of the Association. With abundant excitement and a little anxiety, we set sail as the bearers on 29th August, 2009. Our journey started from a light Mid-Autumn Service and Gathering in September, and then passed a small island called TOYPA who was celebrating the 10th anniversary of Future Young Leaders' Forum. Afterwards, we arrived at a big continent called International Convergence 2009, meeting people from different nations and building valuable friendships with them. Our visit there has just ended and the sailors are now figuring out the ship route to Youth Summit 2010.

The past three frantic months have been filled with mixed feelings: happiness, bewilderment, relief, satisfaction, anger, shock, worry, uncertainty, frustration... My dynamic EXCOs, together with a whole new challenging job, made the beginning of the term not only memorable but also unpredictable. Like our InCon content "Clash of Cultures", when nine working partners from nine different schools originally and with nine different working modes come together, what is so-called "Cultural Sparks" occurs. Sometimes it was a spark of laughter, and occasionally a spark of quarrels. Anyhow, we managed to keep every sailor safe and sound. No one fell into the sea.

From writing the inauguration email to discussing FYLF with Miss Scarlett Pong on the phone, from booking venues to holding the Freshman Day of InCon, every item was a valuable experience. I, who never check my compositions more than twice, checked OSA emails more than four times before sending it out. I, who never cared about British or American English, started spotting where -our- or -ise- was missing. Clicking into Gmail is becoming my daily practice, and lighting the midnight oil to finish the last bit of paper work is becoming my new poor habit, which sometimes triggers anger and worry in my parents. It took quite a few weeks to accommodate all these changes. Thanks must be given to our respectable advisors who guided us through.

「海上扒龍船，陸上有人見。」 This was shared by Auntie Doreen in OSA camp. With this spirit, we EXCOs vow to work hard and strive to continue the fires of the bearers.

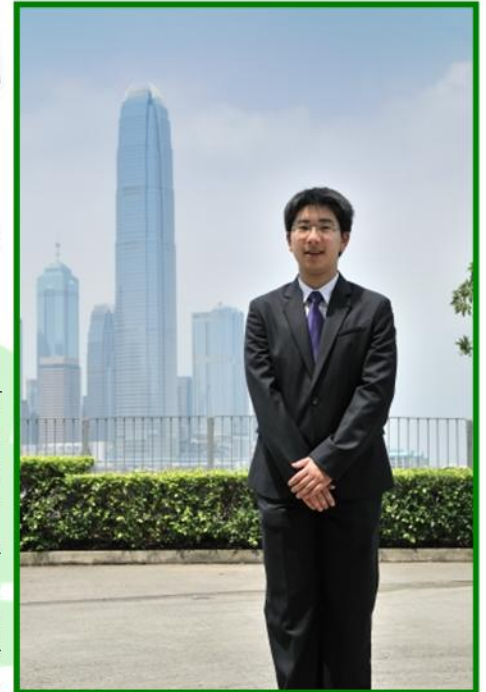


Words from the EXCO

VICE PRESIDENT

LO Man Chuen, Adrian (2444)

LPC United World College of HK



Greetings! I am Adrian Lo, a Form 6 student studying at Li Po Chun United World College.

For most students in Hong Kong, OSA offered us the chance and opportunity to challenge ourselves, to experience new things and to step out of our comfort zones. Through its activities, students like myself learnt a lot of things which are not taught in our school curriculum, things such as leadership skills, how to communicate with others and cooperation among group mates. I still recall my first encounter with OSA, which was during the International Convergence 2008, during which I was fascinated by its professionalism and by how much a group of students can be able to achieve. Before

attending the project, I never thought that I would have the chance the opportunity to interview a Consul-General, nor to visit a Jewish synagogue in Hong Kong. It was an eye-opening experience that broadened my horizons, far beyond what I would have imagined.

In the past half a year as a member of the Association, I have come across some very bright and outstanding people, who are not only exceptionally talented, but also passionate and involved. Through organising the Interflow Camp, I realised that my fellow OSARs are more than just friends to me: they are like a family, and our bonding is so strong.

Having been blessed with such a wonderful experience gained from OSA, I felt an urge for me to take this chance to give something back to the Association, from which I have taken so much from, and to contribute in continuing its prosperity and changing lives of students, just like how I once was changed. However, the decision to step up as a candidate for the Exco was far from being easy. It was only after the numerous nights of discussions on MSN and 'meetings', was I bold enough to finally take up this challenge. I knew that with so many of these trust-worthy and encouraging friends along the way that I would never walk alone on this journey as an Exco.

Time passed quickly and it has almost been three months since taking up this role as Vice President. As my predecessors had said, the role of the Vice President is always one that is hard to define, when Jane and Lilian were busy with the minutes and friendly packs, at first I, like my predecessors, felt lost in my role in the Exco. But gradually as time progressed, I realised that my role is in fact to assist every member of the Exco, and to work behind the scenes in making sure the Association is running smoothly.

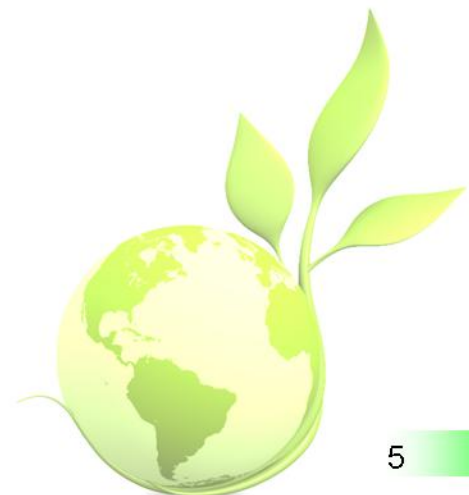
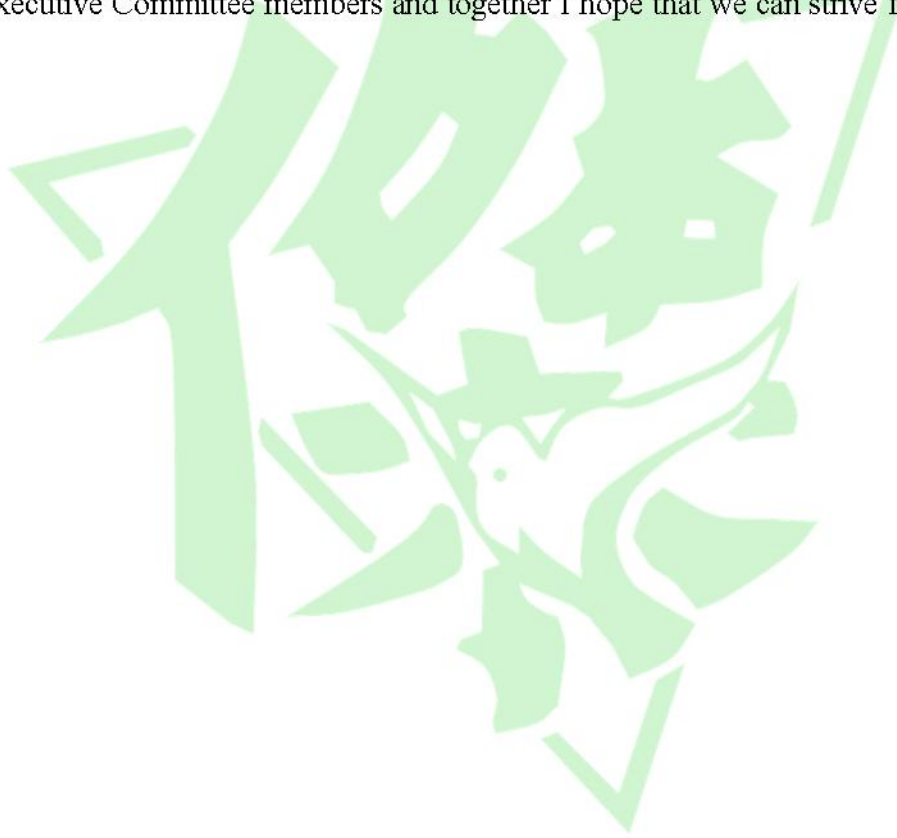
The experience as an Exco has been unexpectedly rewarding despite the deadlines that we face and the pressure that we are under from time to time. The journey as an Exco has been one full of companions along the way. Strong bonding has been formed within the Exco and each and every



Words from the EXCO

member is not only part of a group, but part of one which cares for another. Despite the ups and downs, I believe that all of this will become part of our common learning and growing process, and more importantly, part of our collective memory, and I have strong hopes that we will emerge as a more mature and a stronger team after facing such challenges.

Being an Executive Committee member, I hope to contribute my passion and enthusiasm and to bring the Association to new heights. With all challenges come difficulties and obstacles, and thus I would like to take this chance to express my heartfelt gratitude to our Advisors and senior OSARs for their continual and unfailing support and guidance. I look forward to working together with my fellow Executive Committee members and together I hope that we can strive for a year of fruitful results.





Words from the EXCO

INTERNAL SECRETARY
KO Ching, Jane (2319)
Maryknoll Convent School

Jane Ko



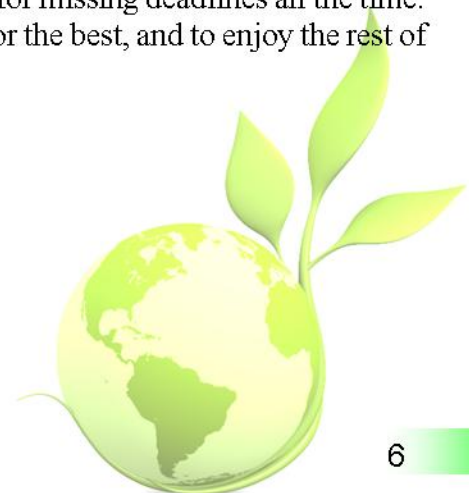
Greetings to all of you! I am Jane Ko, a Form Six student studying at Maryknoll Convent School (Secondary Section). As I take up the post of Internal Secretary this year, I cannot help but feel immensely honoured and privileged to have such an invaluable opportunity to contribute to our Association. I feel very much obliged to express my gratitude towards the advisors and fellow OSAs for granting me this chance and offering support.

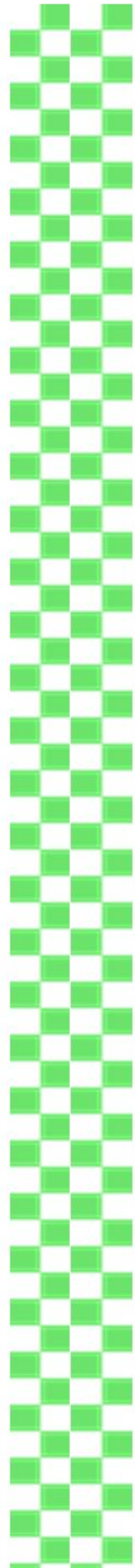
Looking back, as I was nominated to participate in the Hong Kong Outstanding Students' Award, I hardly knew then what an eye-opening experience was in store for me. My first encounter with OSA left me with a deep impression – not

only were all the members exceptionally outstanding, but they were also most willing and passionate to share with others their talents and aspirations. I was in awe of what students could achieve as they put their brilliant minds together and sparked so many inspirational ideas. Through activities and social services, I earned a lot of experience from other OSA members who were also striving to fulfill their social obligation to serve and achieve at the same time. Each and every one of them, with their profound knowledge and expertise, are subjects of my admiration, and yet their warmth and friendliness have also enabled us to build a strong bond in between.

If I were to use one word to describe my life as an EXCO, it would be 'hectic'. As the Project Chairperson of International Convergence 2009, the past three months have been filled with replying emails, making phone calls and drafting documents every day. Every night I struggled with an endless pile of work waiting to be completed, and sometimes I am really drowned in disappointment when my umpteenth phone call goes unanswered again. However, it is also the most rewarding thing to see how the participants appreciated the events we prepared for them. The joy of hearing their praise immediately outweighs all the pains of organising the event.

Time does fly, especially when one is happy and busy, and I have only just realised that one quarter of my term as an EXCO has already passed! I wish to say a big thank you to my fellow EXCOs for bearing with my endless grunts and complaints, and to apologise for missing deadlines all the time. Last but not least, I hope to continue working fervently to strive for the best, and to enjoy the rest of the year ahead!





Words from the EXCO

EXTERNAL SECRETARY
CHOW Lon Ling, Lilian (2313)
LPC United World College of HK



Cheerful greetings to all! I am Lilian Chow from Li Po Chun United World College. I still can not express how delighted and excited I am to have been elected as the External Secretary of the 23rd Executive Committee of the Hong Kong Outstanding Students' Association.

It has been one year since first joining the OSA family and yet the warmth of its embrace still never ceases to amaze me. Through participating in the Social Service Projects and organising the Interflow Camp 2009 and Annual Dinner, I got to know a group of young elites all bearing admirable qualities and values they are waiting to share with the rest of the world. I am thrilled to be able to call such a talented and

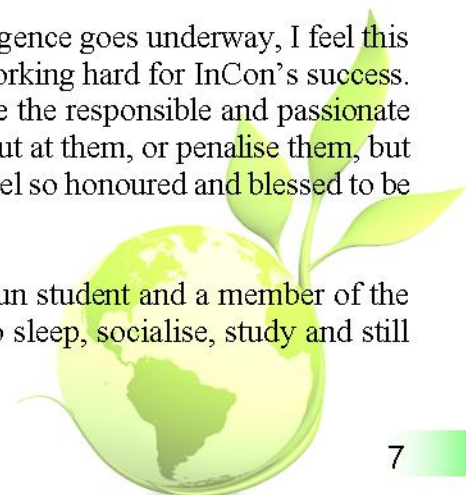
lively group of people my friends, my companions, my family. Throughout the years, OSA has provided innumerable students with precious opportunities to develop their leadership skills, and to discover new and eye-opening aspects of the local society, their friends, and most importantly, themselves. As a member of the Organising Committee for the Interflow Camp two years running, I saw myself slowly develop in the nurturing arms of OSA. OSA has broadened my social circle. It has given me a new perspective on many things I would have otherwise taken for granted. Therefore I am filled with gratitude that I have been given the chance to serve OSA, and I will carry out my responsibilities with endeavour and devotion, so that more and more people can be touched by the passion of OSA, as I was a year ago.

Now, after having taken up the role of External Secretary for several months, I must say the roller coaster ride can sometimes be thrilling, and other times, exhausting. After the first 3 months of living life as an OSA External Secretary, I can proudly say: I've survived, I'm learning, and I'm getting better.

When I ran for this post, I said in my speech: "Many people may find secretarial work such as proofreading boring. But I find it fascinating." This could not be truer. Reading others' work, striving for perfection, is one of the most rewarding processes. Through the hard work, I found myself learning bits and pieces, picking up useful knowledge here and there.

Life as an Exco member too is fulfilling, as International Convergence goes underway, I feel this funny, odd little feeling creeping over me, as I watch the OCs working hard for InCon's success. As they worry about the info packs and fret over proposals, I see the responsible and passionate attitudes they carry to work for better results. Sometimes we shout at them, or penalise them, but in the end, what we really should express is our gratitude, and I feel so honoured and blessed to be able to work with such a talented group of people.

Time management is a lesson I have yet to learn as a Li Po Chun student and a member of the Exco at the same time. Somehow, there is never enough time to sleep, socialise, study and still



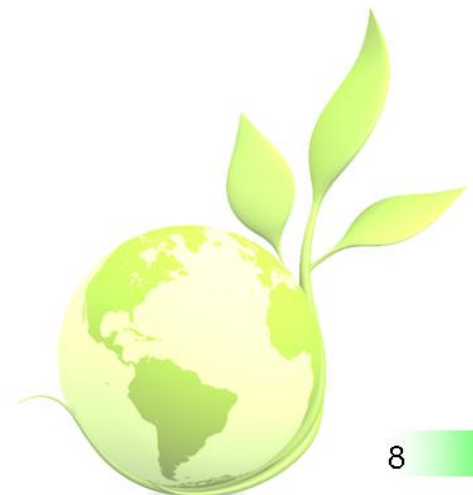


Words from the EXCO

strive for OSA's success. Here and there, we make sacrifices, we sleep less, get cranky, and yell at each other. It happens again, and again, in a funny little loop. But through all of this, we have become closer, a tight knit unit, pushing and pulling against each other until we settle as a happy, comfortable mesh. Sometimes, I get frustrated and I get mean and nasty when my fellow Exco members don't hand in their work on time. Sometimes I toss my head and laugh and try to forget everything. Sometimes I cry in desperation because it seems impossible to get everything done. Sometimes I am so tired I look like a zombie and can't take anything in – I've started dreaming of having dinner three times a day, because I keep forgetting I've already had dinner – that's the extent of the fuzziness my brain can achieve when it is not functioning properly. However, when I get mean, they don't complain, they just work harder. When I laugh and try to forget, they are there to remind me. When I cry they are there to hold me, and go through it all with me. When I am tired they sympathise with me, they help me rest and recover. Over the short months, they have become my pillars of support, my best friends, my extended family. Without each other, we simply would not have been able to accomplish our tasks. In front of us, we still have a long, perhaps even tedious path. On our way, it will rain, it will snow and occasionally, the sun will shine on us – but it's up to us how we decorate our path, to brighten up the rainy days, and warm the snowy days.

I must take this opportunity to extend my heartfelt thanks to all the Honorary Advisors, Advisors, and fellow OSAs. Without you, I do not think I would have had the courage and strength to take this step to serve the OSA family.

I know that the year ahead of us will be filled with laughter and tears, successes and failures, smooth flows and rough patches, but I look forward to working with my fellow EXCO members. I promise, I will contribute my fullest to OSA and the local community, as OSA continues to prosper and grow, from a small budding plant, to a sturdy tree, sheltering many.





Words from the EXCO

FINANCIAL SECRETARY
WONG, Tsz Kit Timothy (2441)
St Joseph's College



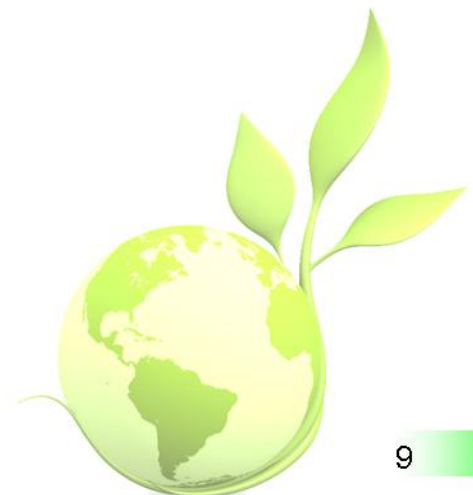
Greetings! I am Timothy Wong from St. Joseph's College.

To become a part of the Executive Committee is a really big step for me. On one hand, it gives me a chance to serve and contribute to OSA, from which I have learnt and taken a lot. On the other hand, it means that I will have to take up a greater responsibility, one that I must fulfill for the Association, as well as for myself.

A year ago, it had never occurred to me that I would be playing a role in OSA at all. In fact, OSA had never been an acquainted name to me until I was nominated by the school for the Hong Kong Outstanding Students' Award. However,

when I think about the sweet memories I have enjoyed in OSA, I realise that it really is my honour to become an OSAr.

OSA gives me recognition, allows me to meet new friends from different schools, and gives me chances to learn from other recognised OSArS. Through carrying out the duties as a member of the Executive Committee in the coming year, I hope I can try my best and give my all to OSA, leading it to a new aspect, introducing our Association to students all over Hong Kong.





Words from the EXCO

PUBLIC RELATIONS OFFICER
JOR, Sze Man Jasmine (2414)
LPC United World College of HK

Jasmine Jor



Greetings! I am Jasmine Jor from Li Po Chun United World College. It gives me great honour and pleasure to be part of the 23rd Executive Committee family of OSA. I would like to take this opportunity to express thanks to the Honorary Advisors, Advisors and fellow OSARs for giving me the chance to serve the Association.

I remember vividly the night I was elected. I simply could not fall asleep. This is partly because of the responsibility I have to shoulder, but most importantly due to the excitement from being able to be part of the big family.

Thinking back, I first encountered OSA through the Youth Summit 2008, being part of the Organising Committee. The

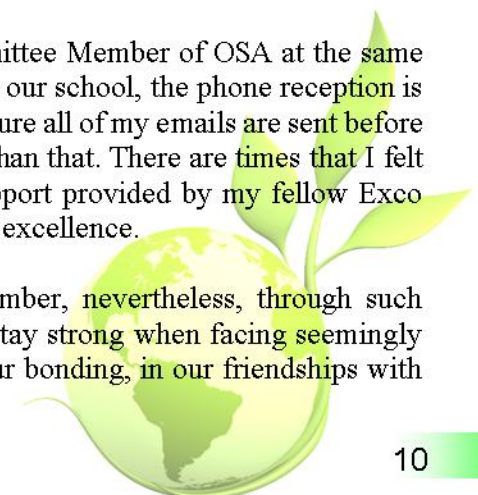
high quality and professional work executed by these secondary school elites made me truly fascinated. After observing work done, I really wanted to be part of the Association. I was fortunate enough to become a member of the Association and actively participated in various activities in OSA.

There are a lot of sweet memories I've acquired from being part of the OSA family, such as being an part of the organising committee of Icamp, joining the Social Services Project and Mentorship Programme. I encountered many fellow outstanding students, and not only learnt a lot from them but also developed lifelong friendships with them. It spiced up my originally boring summer by numerous formal "internal" gatherings and "internal internal" gatherings, not to mention the endless group msn chats at night.

Being a Public Relations Officer is definitely not an easy job. It includes writing press releases that we are not certain that newspapers will post and asking for bright spark essays from my fellow OSARs and extremely busy fellow executive committee members. Yet the greatest challenge for me must be being a Person-In-Charge of International Convergence 2009 together with Jane and Conrad. I recall the confused faces we had at first, for instance, when we had no idea how to deal with the consulates. Luckily, through our combined effort and sacrificing our sleeping hours, I am proud that we were able to overcome all the obstacles and sort out the difficulties, producing another successful and unique International Convergence.

Studying in a boarding school and serving as the Executive Committee Member of OSA at the same time is almost a mission impossible. It is universally known that in our school, the phone reception is very poor and communication has been a great barrier. I have to ensure all of my emails are sent before 12pm since there is an internet ban preventing us to work further than that. There are times that I felt like giving up because of the pressure and constraints yet the support provided by my fellow Exco members encouraged me to work with a common goal, striving for excellence.

There are certainly a lot of ups and downs being an Exco member, nevertheless, through such hardships, I am sure that we will become STRONGER. We will stay strong when facing seemingly adverse situations. But more importantly, we will be stronger in our bonding, in our friendships with the unforgettable memories. Let's anticipate another fruitful year!





Words from the EXCO

SOCIAL SERVICES OFFICER
TSANG Hiu Man, Vivian (2434)
St. Stephen's Girls' College



Greetings everyone! I am Vivian Tsang, a Form Six student studying at St. Stephen's Girls' College. It seems like just yesterday when I was elected as a member of the Executive Committee at the Annual General Meeting. It is my honour to serve as the Association's Social Services Officer this year.

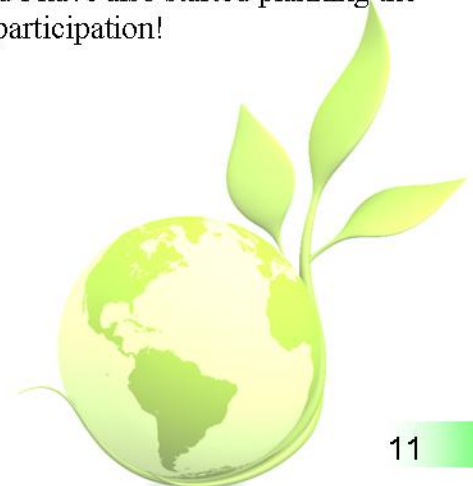
When I was digging through a pile of certificates recently, it was merely by chance that I found a small piece of paper bearing the OSA logo. I was puzzled, and as I looked through the document, that puzzlement quickly turned into surprise and happiness. Though I no longer remember it, turns out that I attended a seminar of Volunteer Training Scheme 2002-

2003 "SamariKIDZ", when I was only nine years old. What an amazing coincidence! As some OSARs may remember, I did not opt for the post of Social Services Officer when I ran in the election, but perhaps it is fate that should become the SSO instead!

That experience years ago notwithstanding, my first encounter with the OSA family as a secondary school student is when I attend the 24th OSARs Orientation Day. A warm welcome by the 22nd Exco induced the impression that OSA seems more than just a student organisation with a nice name. After the Social Service Projects, Interflow Camp and the Annual Dinner, I am most happy and privileged to find myself inside the OSA family, surrounded by bright minds and keen learners.

Only a few months after the AGM, the post of Social Services Officer has already taught me more than I have ever learned from other school activities. My fellow Excocs have never failed to amaze me with their razor intellect, smooth organisation, and creativity. I hope that during my term, their good qualities may be able to rub off on me XD

After the Mid-Autumn Service which took place in September, a new social service for Wing Han Educational Foundation is now underway! I am working on scheduling some services during the Christmas and the Chinese New Year Holidays. Jane, Conrad and I have also started planning the Volunteer Training Scheme. I look forward to your enthusiastic participation!





Words from the EXCO

INTERNAL RELATIONS OFFICER
CHEUNG Lai Sang, Liza (2409)
LPC United World College of HK



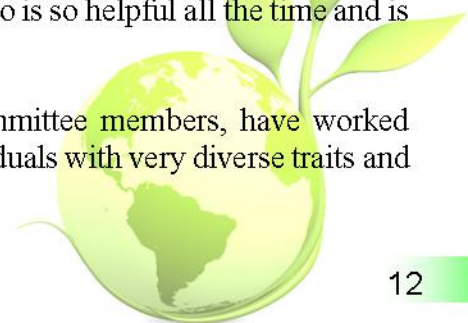
Aloha! Greetings to all of you! I am Liza Cheung, currently a Year One student studying in Li Po Chun United World College of Hong Kong. It is absolutely my pleasure and honour to serve the Association as the Internal Relations Officer. Once again, I would like to express my heartfelt gratitude to all Honorary Advisors, Advisors and my fellow OSARs for their support and guidance, as well as granting me the opportunity to spice up my life through serving the Association.

Unlike most of my fellow OSARs, I did not come into contact with OSA until I was nominated to participate in the Hong Kong Outstanding Students' Award. I still remember the attitude I had when I first entered OSA. I did not see much in the Association, thinking it was just another opportunity for me to attend social services and meetings sporadically. However, after having joined the Interflow Camp 2009 as an Organising Committee member, I started to understand the true meaning of OSA.

I remember when I attended the first Organising Committee meeting of Interflow Camp, everyone was so nice and gave tons and tons of constructive ideas, striving hard and working together to make the event successful. I was extremely moved by OSA's efficiency and professionalism. During the camp, though there were a few unexpected incidents, the Executive Committee members and all of the OSARs stayed close and gave unlimited support to each other. I remember the night when we were almost forced to move out of the campsite and everyone was so anxious, the Executive Committee members told us to sleep earlier and chose to bear the stress themselves. This is OSA. This is the unbreakable friendship among everyone in the warm OSA family.

As the Association has given so much, I decided to contribute to it through serving every OSAR and the whole community as an Executive Committee member. On the night of 15th August, the new Executive Committee was born – Cindy is an extremely responsible chairperson and can always manage every single thing so well; Adrian has a very logical mind and helps us analyse everything in details; Jane is a sweet girl who works so hard and never fails to produce things of high quality; Lilian contributes so much as the external secretary (though sometimes she gets pissed off when her fellow EXCOs cannot meet the deadlines); Timothy is an outstanding artist and helps produce marvelous publications; Jasmine is our happiness girl who always makes the atmosphere relaxing when we have meetings; Vivian is so nice that she is willing to give a helping hand whenever any of us is in great stress; and finally Conrad, who is so helpful all the time and is our excellent AO.

Since the inauguration in August, we, the nine Executive Committee members, have worked together for nearly three months already. We are all unique individuals with very diverse traits and





Words from the EXCO

frankly speaking, I was really afraid of how we could work smoothly for the coming session in the beginning. Cooperating with people from different backgrounds who have different thoughts is not an easy job. However, though we do have arguments and tiny conflicts in most of the meetings, what is more important is that, we have learnt to understand and respect each other. We have even argued over the tiniest details for several hours, and everyone got so frustrated, however this is exactly why every single OSA event has been so smooth and successful! We appreciate each other's strengths, we complement each others' weaknesses, and we together make everything perfect.

Taking this opportunity, I would like to express my earnest gratitude to all Honorary Advisors, Advisors and Senior OSAs for their unfailing guidance and support. Without you all, the Association would not have blossomed from a small bud into a tree with strong branches - a shelter of warmth for everybody. Also, I would also like to thank my fellow Executive Committee members for their unfailing support, as well as dedication and hard work. Hand in hand, let us endeavour to make this coming year another fruitful one!





Words from the EXCO

ADMINISTRATIVE OFFICER
CHEUNG Ching, Conrad (2406)
PLK Cent. Li Shiu Chung Mem. College

Greetings to all of you! I am Cheung Ching (Conrad), currently a Form 6 student from PLK Centenary Li Shiu Chung Memorial College. It is my immense honour to serve as the Administrative Officer of the 23rd Executive Committee of the Hong Kong Outstanding Students' Association.

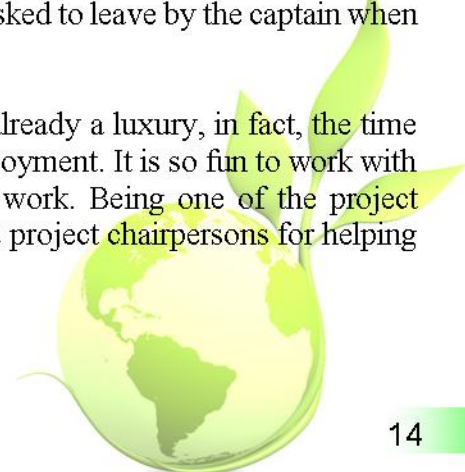
My OSA life began when I was nominated by my school to join the election of the Hong Kong Outstanding Students' Award. I did not actually know that I would be welcomed by this big and warm family of OSA. After being invited to join the Association, I was deeply impressed by its professionalism yet friendliness, its admirability and

amiability. Since then, OSA has become a very important part of my life. Through helping out in organising Interflow Camp 2009 and Annual Dinner, I made friends with other OSARs and established a very close relationship with the EXCOs. The warmth that I experienced is just beyond description. In fact, the most precious asset (what an AO is supposed to deal with) of OSA is not the abilities or professionalism of our members, nor the image or reputation established for more than 20 years; but the inseparable bonding among OSARs of different ages and from different schools and of course the memories.

To keep all OSARs bonded and the "assets" intact is what I want to achieve in the coming year. To keep our relationships everlasting has always been the (one of the) ultimate goal(s) of the EXCO. Last year's EXCO members were like parents to us, teaching us and caring for us so much when we were members of the Organising Committee. Now we have grown up, but they will still accompany us as advisors. The parent-like care and advice we had from the previous EXCO whilst we were Organising Committee members were part of the bonding that we value so much. Now that they have become advisors, they will still care for us as much as they had in the past, which is where our close bonding lies.

Being an EXCO for three months, I have experienced many "first times", including calling the Consul General for International Convergence, being rejected so many times when I invited guest speakers and more surprisingly, oversleeping in MTR and being asked to leave by the captain when the whole MTR was empty.

Sleeping later and later, being able to sleep for 4 hours a day is already a luxury, in fact, the time when I am typing all this is 2:40 a.m. Yet, all this is done with enjoyment. It is so fun to work with my fellow EXCO members, trying our very best to finish the work. Being one of the project chairpersons of InCon, I must thank Jane and Jasmine, the other 2 project chairpersons for helping me so much.





Words from the EXCO

One of the responsibilities of Administrative Officer is to manage all the assets, following my predecessor, Jeff Chan, A.O. of the 22nd EXCO, I also rented a mini-“warehouse”, but in Tuen Mun, which is closer to where I live and of LOWER price! It was definitely the most tiring work to move all the assets from Fo Tan to Tuen Mun, and I must hereby thanks Cindy and Jane for offering help, as girls.

Despite the stressed and tough working time, our passion has never been disappeared. The support from all other EXCO members and advisors (esp. the 22nd EXCO who are always there willing to help) is the incentive for me to keep working even if it is already 3 a.m.

Although I live in Tuen Mun and so may not be able to arrive HK Island at 4 or 5 after school, although I have some other commitments in school’s Students’ Union that make me so tired and always want to sleep during meetings (but I didn’t =P), although my English is so poor, my fellow EXCOs are still supporting me. This is exactly what I value most, as the Administrative Officer, the bonding between all of us, which is one very important asset of our association.

I look forward to the coming year of all the internal and external events (especially VTS that I am going to be the project chairperson: P) as well as to showing our best to our “parents” and “grandparents”. With their earnest support, I look forward to cooperating with my fellow warriors and doing my very best to uphold the outstanding reputation and history of OSA.





The Annual Plan

Date	Programme
October 2009	Mid-Autumn Festival Service & Gathering 中秋節社會服務及聚會
November 2009	International Convergence 2009 國際薈萃
December 2009	Future Young Leaders' Forum 2009 明日領袖高峰論壇 2009
December 2009	Christmas Gathering 傑生聖誕聚會
December 2009	Mentorship Programme I 傑生互勉計劃分享會 (一)
January – February 2010	Hong Kong Youth Summit 2010 香港青年高峰會
February 2010	Social Service I 傑生社會服務
March – April 2010	Volunteer Training Scheme 2010 義工領袖訓練計劃
April 2010	Easter Service and Gathering 復活節社會服務及聚會
April 2010	25 th OSArs' Orientation Day 第二十五屆傑出學生迎新日
May – June 2010	Social Services Project for 25 th OSArs 第二十五屆傑生社會服務計劃
July 2010	Mentorship Programme II 傑生互勉計劃分享會 (二)
July 2010	Interflow Camp 2010 主題交流營 2010
August 2010	Annual Dinner 2010 週年晚會 2010
August 2010	24 th Annual General Meeting 第二十四屆週年大會
August 2010	Hong Thai Tour for Academically Outstanding Students 康泰狀元行





Mid-Autumn Service and Gathering



The Mid-autumn Service and the Mid-autumn Internal Gathering were held together on 26th September 2009. To celebrate the Mid-Autumn festival, which symbolises unity and harvest, members of the OSA family joined us for a meaningful service and a joyful gathering.

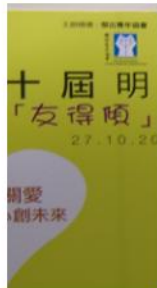
The event began in the afternoon with OSAr participating in a social service organised by the HKSKH Wong Tai Sin Multi-service Centre for the Elderly. The service aimed to serve Elderly living without their children in Chuk Yuen North and South Estate by visiting their homes to show our concern as the festival draws near. We helped distributed festive gifts prepared by the community centre to individual households. The gifts were simple and practical ones like mooncakes, rice, oatmeal and noodles. Happy to have visitors, the elderly who received gifts often invited us into their homes, and proceeded to enthusiastically serve us food and drinks. Through chatting with the elderly, we learned more about their lives and interests, and showed our care for them. At the

same time, the elderly were glad to have someone to listen to their thoughts and feelings. Within five hours, OSAr visited more than twenty households. Our targets' welcoming and warm responses were a great encouragement to our volunteers, and we all found the service a very rewarding experience.

The service session was followed by a Mid-Autumn dinner gathering at Paris Café in Mongkok. Despite the fatigue from the service, all OSAr felt so joyful and excited when they met their OSAr friends. The whole gathering was held under a relaxing atmosphere, in which OSAr could chat and play with each other comfortably. As there were a few advisors, the junior OSAr asked them about the life in universities and they enjoyed the chat very much. The gathering ended at around nine o' clock and everyone felt content.

Project Chairpersons and Reported by
TSANG, Vivian and CHEUNG, Liza





Future Young Leaders' Forum

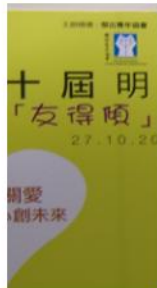


The Future Young Leaders' Forum 2009 marked a spectacular day for over two thousand primary and secondary school students as well as participating OSArS. Organised by The Outstanding Young Persons' Association (TOYPA) and co-organised by the Hong Kong Outstanding Students' Association as well as other prominent organisations, the Forum was held on 27th October, 2009 at the Queen Elizabeth Stadium. Bearing the theme 「傾全力、互關愛、您我齊心創未來」, the Forum was a kickoff to a one-year programme – 「友得傾」 禁毒大使計劃, an anti-drug abuse ambassador scheme which aims to raise the awareness of local students on drugs.

The day's programme was very enjoyable and consisted of multifarious sessions, including informative talks on leadership skills, drug

problems and the importance of communication, relaxing drama and music performances, interactive sessions with teenagers having had the experience of drug abuse and a grand oath-taking ceremony. All the sessions were effective in conveying the key message – good family communication protects youngsters from drugs.

The 23rd Executive Committee, along with other OSArS, had their chance to shine on the stage. To convey the message that support from family and friends can help us stay away from drugs, OSArS performed an original song named “從不沾毒”, which was composed by CHOW, Lilian (2313) with lyrics by CHEUNG, Liza (2409), along with a dance choreographed by WONG, Cherie (2341). With combined efforts of the team, the performance received positive response from the



Future Young Leaders' Forum

audience.

LEUNG, Cindy (2427), the President of the 23rd Executive Committee, was also very much honoured to be the student representative to sign 「家長溝通承諾書」 in the oath-taking ceremony. The commitment was also signed by Chief Executive Donald TSANG Yam-kuen, Mr. MAK, Ringo, Chairperson of TOYPA and Mrs. HO, the parent representative.

Special thanks must be given to Mr. Ringo Mak, Chairperson of TOYPA and honorary advisor of our Association; Ms PONG, Scarlett, Vice-Chairperson of TOYPA and Chairperson of the Organising Committee of the Future Young Leaders' Forum 2009; Ms HUNG, Anna, Vice-Chairperson of TOYPA; and our honorary advisor Ms LEUNG, Doreen for their unfailing guidance and support. This year's Future Young Leaders' Forum was indeed another wonderful occasion for everyone to learn more about how to achieve effective family communication.

Reported by,
LEUNG, Cindy

從不沾毒

曲：周朗矜 詞：張麗生

曾聽說他可能與我一起
浮進這瘋癲有趣快樂天地
人人也知他 奇怪卻好味
然而他的苦楚 其價不菲

* 今天宣誓藥物不會一試
良朋知己與共 指引我路
哪會怕有天旁人以毒誘惑
Stand firm say NO!

從這秒 由這裡 傳開訊息並唱着這歌 *
傾出我的愛 讓這趨勢難以止

憑你我一心 齊對抗黑暗
能放眼天空 發覺世上美夢
聆聽我聲音 離遠這一切
齊來合唱 牽手

誰都知毒癮苦 為剎那快感
便往往導致會身心痛苦
從今天起不要這樣傻 這樣傻 這樣傻
我發誓要下決心 不依靠他 生命新路齊去闖

(由) Repeat *

讓世上各族也明瞭 染上毒癮一
不可一試 不可多次 **Stand firm say NO!**
Stand firm say NO!





Our Dearest Auntie Doreen

Ms Doreen Leung Dor-Ling, our honorary advisor, has left us peacefully on 1st November 2009. On behalf of the Hong Kong Outstanding Students' Association, we would like to express our deepest grief towards her pass away and our gratitude to her guidance and nurturing through these years.

Honoured with the Ten Outstanding Young Persons of the World Award in 1984, Ms Leung had been a keen supporter of youth development in Hong Kong amongst many of her specialised fields. She served as the chairperson of the Organising Committee of the Hong Kong Outstanding Students Award since its inception in 1985, and had always been a guiding figure for our Association through these 24 years. She had been a great mentor to us all, and taught us valuable lessons in life.

Her pass away is a great loss to our Association and society at large. May we pass on our warm regards to her family and friends and we would once again like to thank her for her contributions to young people in Hong Kong. Without Auntie Doreen's zealous contribution to the Award and its development, our Association and the friendships among OSARs would have never been possible. Auntie Doreen will always stay in our hearts.





Our Dearest Auntie Doreen

Messages for Auntie Doreen

Auntie Doreen has touched so many hearts throughout the years. She will be remembered in mine forever.

Hilda Chan (0804)

Dear Family and Friends of Auntie Doreen and OSAR Exco:

In Memory of Auntie Doreen

The last time we saw Auntie Doreen, it was merely eight months ago. Sitting in a corner of a large sofa in the hotel lounge, she pulled out the gifts for us and for our baby daughter Novia. We'd been telling our 16-month-old that had it not been for Grand-auntie Doreen's introduction, we'd have never met each other and there certainly would not have been a baby called Novia. Now we realise Auntie Doreen smiled like a child too, the most beautiful kind, so genuinely caring that you can't tell how many ups and downs she'd been through in her own life, or how many twists and turns she went through to light-up the paths of others. The sturdiest light-house now has its fire burnt-out, perhaps because it's been burning so intensely across all these years. And the OSAr's sky darkens.

Some gatherings are too short, yet they are of the sweetest kind.

That must be true for many of us involved in OSA or Best Progress Student Award. at some point over the past two decades, so many that Auntie Doreen's soft voice is amplified and echoed in lots of ways. We can't help but think of her each time we pull out a bottle of Vitamins before going to the hotel gym while traveling en route somewhere.

Whatever paths we may be traversing in the future, in our hearts there will be a corner that is always Auntie Doreen's.

Mung Chiang (0908)

Ying Kei Hui (1314)

Auntie Doreen, the ways you have touched my life in growing up will always be a part of me. I looked up to you in life, now I look up to you above. Sending you my gratitude from Canada, from my heart. Thank You.

Cordia Tsoi (1730)

還記得 05年暑假 我在您的公司做暑期工，吃了很多西餅。還記得，考試的時候，我常常用您教「通宵秘笈」捱夜。還記得，做 EXCO 的時候，您常常提我要做 Gym，保持身體健康。還記得，今年的 Annual Dinner，我在 Lucky Draw 抽到了您送的 Teddy Bear。這一切一切，至今仍記憶猶新，也將會成為我永遠的美好回憶。

謝謝您教導、照顧和鼓勵，我這青苗將會付出真心，以信心創獻社群。

Karl Chan (2004)

<< 鼓掌 >>

梁玳寧女士，如無意外，該是古今中外最懂得鼓舞人心的傑青。

眾位參與傑出學生選舉的學生才剛完成筆試，只見一位和善的長輩帶他們進入輕鬆的狀態，讓他們跟身邊的考生接觸交流。熱愛生活、對青少年發展相當關注及充滿期望；這是我對梁小姐的第一印象。我也是在這個合諧的場合首次聽見她講述擊掌的幾個好處。如今，我對她這方面提出的理論仍然記憶猶新。

「擊掌，能夠帶動氣氛，提升士氣，增進友誼；增加血液循環，持續這個習慣，能夠使我們身體健康，身心舒暢。」在任何的場合，每當聽見熱烈的掌聲，就會想起梁玳寧女士的這番說話。每當談起梁女士，必定會聯想到擊掌。



Our Dearest Auntie Doreen

她是如此熱心於提倡籌辦青少年的工作。提起梁玳寧，凡是傑生的人，儘管不知道她是香港經濟日報的專欄作家，也必定知道她是第一代傑青，並曾獲「世界傑出青年獎」的榮譽。不單所有的傑生認識她，她自己也記得無數為歷屆傑生的名字。她對傑出學生協會精神上的支持，是無窮的，也是親切的。

人生如戲，這位開拓先河的傑青靜靜的離開了我們。我們悲慟、感慨的同時，也明白到任何好戲都有閉幕的一刻。假如真的有這樣的閉幕儀式，我相信，所有歷屆的傑生還有認識她的朋友，都會不約而同地送給她熱烈的掌聲，歡送她走這人生的最後一程。
Adrian Yu (2237)

It was such a shock to know that Auntie Doreen had left us - she was probably the most energetic person at her age that I knew. I can still recall her teaching us cha-cha, reminding us to keep a healthy body, caring for whoever felt sick... All these heartwarming acts will never fade from any of our minds, just like we would never forget the wonderful summer camp we spent with our beloved Auntie Doreen.

Joyce Chin (2310)

I remember you teaching me how to smile. How to dress. How to impress. I remember you saying never give up. Never frown. Never be down. I remember...because you were full of that sparkling air of energy, your encouragement and passion was contagious. The pink shirt you wore during Annual Dinner, I still remember smiling because it is my favourite colour too, and I remember thinking how beautiful you were. I know you are now in a better place, and somehow, somewhere you are reading this. We won't cry because you told us to be strong, we won't mourn because life is full of promises. Instead we will send you a gift, two simple words: Thank you.

Lilian Chow (2313)



Dearest Auntie Doreen,
Thank you for nurturing me in this big OSA family. When I think back to every moment that we met and chatted, I always remember your sweet smile and encouraging words. Although we can no longer see each other, I will still treasure every lesson you taught me deeply in my heart. Please don't worry about us anymore, we will all try our best in the future. I love you, Auntie Doreen!

Joey Tang (2338)

Auntie Doreen, you inspired me so much on various occasions. The vitality you brought to OSA was impressive. You are one of the most cheerful ladies I have met on earth. Thank you and rest in peace. Your flesh may vanish, but your spirit lives forever.

Victor Hui (2413)

Auntie Doreen, although I have only known you for a short time, you left an unforgettable impression in my mind. All that you taught us, including the attitude toward others, communication skills and exercise used for staying concentrated, are lifelong useful. You have sowed seeds in our hearts and the seeds will eventually bud one day. Thank you for your teaching and guidance.

Earnest Leung (2424)



Our Honorary Advisors

The 23rd Executive Committee would also like to thank all Honorary Advisors for their advice and support to our Association's activities.

Mr Frank BURBACH

German Consul General in Hong Kong

Mr CHAN Chung-bun Bunny, SBS, JP

Chairman of the Hong Kong Commission on Youth

Prof Tony CHAN Fan-cheong

President of the Hong Kong University of Science and Technology

The Hon Anson CHAN FONG On-sang, GBM, GCMG, CBE, JP

Former Legislative Councilor

Ms Amy CHAN Lim-chee, BEM

Chairperson of the Outstanding Young Persons' Association 2007-2008

Ms Candy CHEA Suk-mui

Award Recipient of the Ten Outstanding Young Persons' Selection 1992

Dr CHENG Wing

Executive Director of CJR Education Limited

Mr CHEUNG Wai-leung, MBE, QGM

Chairperson of the Outstanding Young Persons' Association 2008-2009

Dr Philemon CHOI Yuen-wan, SBS, JP

Non-Official Executive Committee Member of the Commission of Strategic Development, Central Policy Unit

The Hon Audrey EU Yuet-mee, SC, JP

Legislative Councilor

Ms Christine FANG Mang-seng, JP

Chief Executive of the Hong Kong Council of Social Service

Ms Dora HUNG

Vice President of the Lion and Globe Educational Trust

Mr Peter HUNG

President of the Lion and Globe Educational Trust

Dr Thomas IP Hing-leung

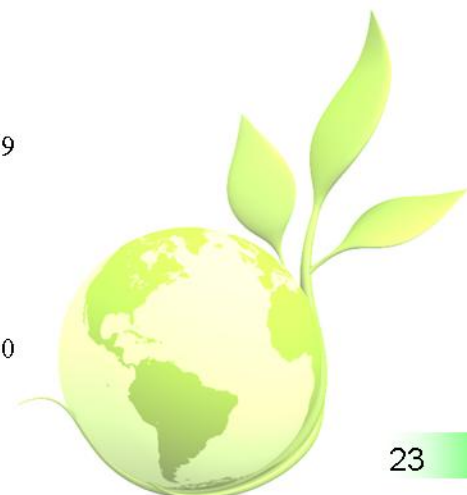
Chairperson of the Outstanding Young Persons' Association 1998 – 1999

The Hon Regina IP LAU Suk-yee, GBS, JP

Legislative Councilor

Dr IP Yan-ming, JP

Chairperson of the Outstanding Young Persons' Association 1999 – 2000





Our Honorary Advisors

Prof KUO Way

President of the City University of Hong Kong

Dr Eddy LEE Wai-choi

Chairperson of the Outstanding Young Persons' Association 2002 - 2003

Mr Martin LEE Chu-ming, SC, JP

Former Legislative Councillor

Mr Joseph LEE Chung-tak, SBS, JP

Chairman of the Committee on the Promotion of Civic Education

Dr Eric LI Ka-cheung, GBS, OBE, JP

Member of the 10th National Committee of Chinese People's Political Consultative Conference

Ms Doreen LEUNG

Chairperson of the Organizing Committee of the Hong Kong Outstanding Students Award 1985 - 2009

Mr George LUNG Chee-ming, MH, JP

Chairperson of the Outstanding Young Persons' Association 2003 - 2004

Mr Ringo MAK Wing-hoi

Chairperson of the Outstanding Young Persons' Association 2009 - 2010

Ms Emily MOK Fung-ye, JP

Chairperson of the Outstanding Young Persons' Association 2004 - 2006

Mr SONG Li-young, MEd, MIL

Chairman of the Chinese Speech Sub-committee of the Hong Kong Schools Music and Speech Association

The Hon. Michael SUEN Ming-yeung, GBS, JP

Secretary for Education Bureau of the Hong Kong Special Administrative Region

Mr. Paul TANG Kwok-wai, JP

Permanent Secretary for Labour and Welfare Bureau of the Hong Kong Special Administrative Region

Prof Timothy TONG Wai-cheung

President of the Hong Kong Polytechnic University

The Hon Jasper TSANG Yok-sing, GBS, JP

President of the Legislative Council

Prof TSUI Lap-chee, OC, PhD, FRS, FRSC

Vice-chancellor and President of the University of Hong Kong

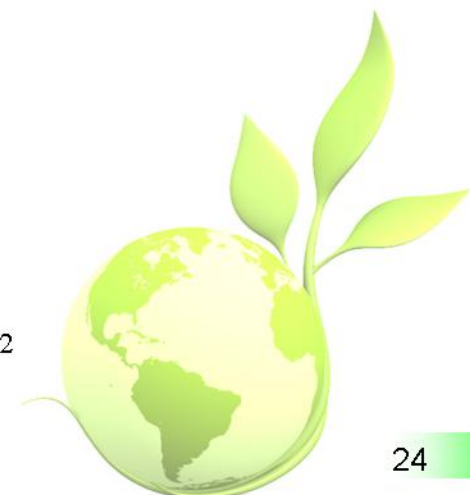
Dr Rosanna WONG Yick-ming, DBE, JP

Executive Director of the Hong Kong Federation of Youth Groups

Mr Samuel YUNG Wing-ki, MH

Chairperson of the Outstanding Young Persons' Association 2000 - 2002

(Note: In alphabetical order according to surname)





Advisors to 23rd EXCOs

The 23rd Executive Committee would like to seize this opportunity to express our heartfelt gratitude towards all the advisors (as listed below) for their unwavering dedication to our Association and the 21st EXCO's Work. We look forward to working together with all the advisors in the coming year.

OSAr No.	Name
0301	Mr. LEE, Kai Ho Patrick
0727	Ms. TANG, Lai Shan Justine
1118	Ms. NG, Ho Yee Janet
1229	Mr. TIEN, Kei Rui Keith
1329	Mr. TONG, Chi Keung Kenneth
1404	Ms. CHAN, Shui Fan Trudi
1407	Ms. CHICK, Benita (US)
1410	Ms. CHOW, Mei Kwan Jolie
1501	Ms. BOON, Joon Ying Yvette (US)
1601	Mr. CHAN, Chun Ho William
1602	Ms. CHAN, Kit Yu Karen
1614	Mr. KAM, Hugh Alexander Tsun Ting
1736	Ms. WOO, Hiu Yan Connie
1739	Ms. YU, Ching Man Eva
1819	Mr. LAM, Sheung Heng John
1909	Ms. FUNG, Shuk Chong Angela
1924	Ms. NG, Man Wah Vienna
1927	Ms. SZE, Nga Yi Winnie
1930	Mr. TSE, Siu Chung Dixon
2004	Mr. CHAN, Man Ho Karl
2011	Mr. CHIU, Chun Wai Vincent
2014	Mr. KAM, Bryce Alexander Tsun Man
2015	Mr. KAM, Bryan Alexander Tsun Hon
2020	Ms. LAU, Joanne

OSAr No.	Name
2025	Ms. LI, Man Annie
2101	Ms. CHAM, Wing Chi Lillian
2108	Ms. Chow Tsz Wing, Elaine
2113	Ms. HO, Hoi Woon Angela
2121	Ms. LAM, Wing Ki Vicky
2124	Ms. LAU, Paloma
2127	Ms. LI, Wai Yan Jamilla
2131	Ms. NG, Yui Wing Joane
2133	Ms. SO, Par Lum Stephanie
2135	Mr. WONG, Hywel
2138	Mr. YAM, Shi Da Felix
2202	Mr. CHAN, Horace
2206	Mr. CHOW, Kai Yin Raphael
2209	Ms. FONG, Ching Yee Jaime
2217	Ms. LEE, Wing Sze Ida
2224	Ms. NI, Xiaochun Valdaece
2303	Ms. CHAN, Hei Tung Zita
2304	Mr. CHAN, Ho Yuen Jeff
2320	Ms. KO, Yan Long Phoebe
2321	Ms. LAI, Hiu Yan Joanne
2322	Ms. LAM, Chaminade
2338	Mr. TANG, Chun Yin Joey
2339	Ms. TOO, Wai Yiu Whitney



Behind the Scenes...



The End



A 23rd Executive Committee Production