

The Bearer - 
On We Tread



A 22nd Executive Committee Production



Foreword

Dear all,

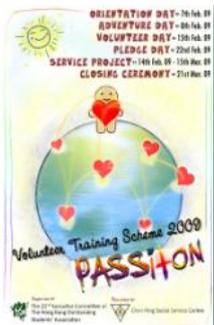
Welcome to the third Newsletter of the 22nd Executive Committee!

At around this time every year, the OSA family is always full of joy and vigour. This is because in April, our new OSArS will join our sweet and affectionate family, and tread on the path of OSA odyssey together. After entering OSA for two months, our new members have already joined quite a lot of activities and it is indeed our pleasure to see their smiling faces and their growing sense of belonging. Many fellow members are very interested in knowing more about them, often asking us questions such as “How are they like?” and “Do they enjoy OSA activities?” To give a more concrete answer to these questions, this issue of newsletter will allow everyone to take a glimpse of our newbies and see for themselves their passion towards OSA.

Besides, this issue will bring to you updates on our latest external projects – Volunteer Training Scheme 2009 and Hong Kong Youth Summit 2009, as well as other events we took part in. It has been quite a journey for the EXCO since our inauguration in August, and although there are always hard times to go through, we shall continue to tread on this journey holding hands together; and with the joining of new OSArS, we shall all tread on with our heads held high, ready to face any challenges we may encounter.

Ladies and gentlemen, in just a page-turn’s time, you will read our endeavours – The Bearer “On We Tread”. Happy reading!

The 22nd Executive Committee
The Hong Kong Outstanding Students’ Association



Volunteer Training Scheme 2009 “Passiton”



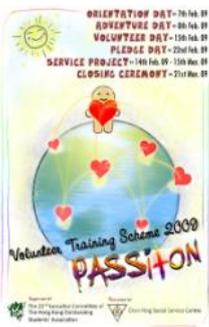
Introduction

The second external project organised by the 22nd Executive Committee, Volunteer Training Scheme 2009, was successfully held from 7th February 2009 to 21st March 2009. It was indeed a fruitful experience for all participants and the Organising Committee. Not only did they enjoy the process of serving those in need, they also spread their happiness to the elderly and children they served, leaving cherished moments in each of their hearts.

Holding onto the belief that passion is crucial when serving others, this year’s Volunteer Training Scheme was themed with a made-up word “Passiton”. Embedded in this word are three meanings which are coherent with our programme’s nature: Firstly, “Passiton” can be separated into three words “Pass It On”, meaning to pass the passion on; secondly, the letter “t” can be interpreted as a plus sign, and thus, the theme shows the quality of paramount importance during service – passion; and lastly, the letter “t” can be seen as a symbol of medical care, bringing out the gist of service. Throughout the Scheme, the participants showed their passion towards the needy and treasured each and every opportunity given to them.

This scheme offered educational sessions such as training workshops and seminars to equip the participants with practical skills and knowledge in serving different clients. This year, in view of the increasing significance of social enterprises in our society, the topic of social corporate responsibilities was also incorporated into the Scheme in order to enhance the participants’ social awareness. Above all, a novel element of continuity was introduced. Upon evaluation, this element lifted the Scheme to another level, where participants were encouraged and given adequate chances to continue to serve those who are less privileged after the official closing of the Scheme. This unprecedented feature enriched the participants’ overall experience in this project.

There were altogether five days for this project, namely the Orientation Day, Adventure Day, Volunteer Day, Pledge Ceremony, and Closing Ceremony. Between the Pledge Ceremony and the Closing Ceremony, a four-week Service Project was held.



Volunteer Training Scheme 2009 “Passion”

Orientation Day

7th February 2009 marked the commencement of this year's Volunteer Training Scheme. Eighty participants from local and international schools arrived at Hang Seng School of Commerce for the Orientation Day. Through the exciting ice-breaking game, the creation of group names session, and physically demanding station games, participants began to know more about each other and started to establish communication as well as cooperation among themselves. Moreover, we were really grateful to have Mr. CHEUNG Wai Leung with us on that day and through his inspiring sharing, everyone took away some insights in becoming a selfless volunteer.

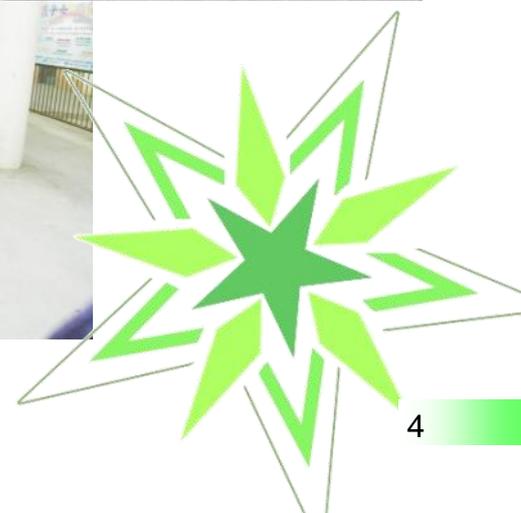


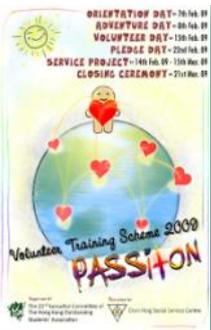


Volunteer Training Scheme 2009 “Passion”

Adventure Day

Immediately after the Orientation Day, the Adventure Day took place at the Lamma Island HKFYG Campsite. During the day camp, participants were provided with opportunities to refine their leadership and problem-solving skills through the adventure-based activities. Eighty participants, who originally came together as total strangers, began to know each other after the day. The training surely enhanced the future collaboration between participants in planning their own Service Project.

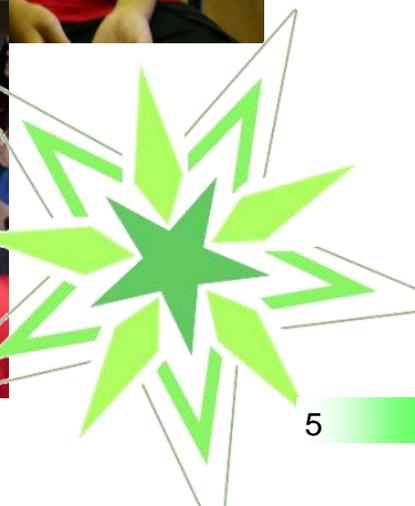




Volunteer Training Scheme 2009 “Passion”

Volunteer Day

The Volunteer Day aimed at increasing the participants' knowledge in social enterprises and volunteer service. In the first half of the day, representatives from the Wofoo Social Enterprise came to talk about the basics of social enterprises and the roles of such companies. Afterwards, representatives from the Social Welfare Department came to teach our participants the skills in planning a service programme, including how to set objectives and some features of special clients. On that day, participants also had some fun through the mass games prepared by the Organising Committee members.

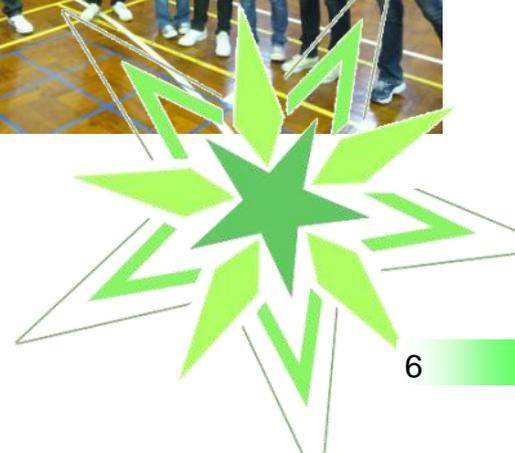


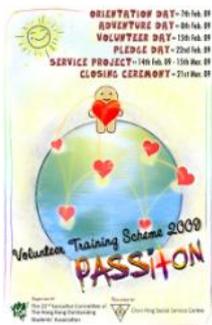


Volunteer Training Scheme 2009 “Passion”

Pledge Ceremony

The Pledge Ceremony gave participants the opportunity to formally assert their commitment to serving the community. Led by the Guest of Honour, Ms. Doreen LEUNG, and the Executive Committee, all participants vowed to serve with their whole heart and passion. Afterwards, Ms. LEUNG further inspired them through an in-depth sharing, emphasising on the importance of serving those in need in society as well as our dear ones at home. Besides, this day also allowed the participants to present their creative proposals for their self-designed service sessions. Through this process, the Executive Committee members made suggestions, comments and compliments on their presentations so that their plans can be further improved.





Volunteer Training Scheme 2009 “Passion”

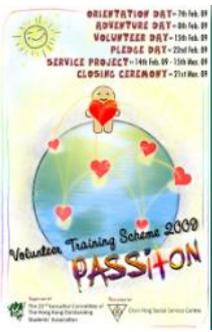
Service Project

One of the key aims of the Volunteer Training Scheme was to allow participants to put into practice what they had learnt in the Scheme. During the two-month programme, participants were divided into two subgroups – one serving the elderly at Hoi Tai House in Mongkok, and the other serving the children at HKFYG Ching Lok Kindergarten. There were a total of four sessions for each subgroup. Apart from joining services organised by the Organising Committee, they also gained hands-on experience in designing their very own service plans. Planning services was novel to many of our participants and it proved to be a challenge for many participants.

The subgroup serving the elderly organised two mass game sessions and two home visits. In the mass game sessions, the elderly took part in guessing games, watched magician’s performance and sang old songs together, enjoying relaxing and joyous afternoons. After two weekends of such sessions, participants visited the elderly. Through these visits, participants first observed and evaluated on the needs of the elderly, and in the second home visit, they did follow up work to help the elderly improve their living standards by little acts, such as buying a skid proof carpet or mending a chair. Through these sessions, we were glad to see the participants’ eagerness to serve and the building up of relationships between them and the clients. In the month of May and July, home visits will be organised to achieve the aim of continuity.

The subgroup serving the children focused on environmental protection. Through informative sessions and educational games led by our forty participants, the awareness of the kindergarten students on the importance of environmental conservation was raised and it was hoped that they would take the initiative to act and protect the Earth. An outing to the Hong Kong Wetland Park was also organised as a real life experience. Parents of the nursery children were invited to participate in the Wetland Park Volunteer Scheme as well. Unfortunately, due to the poor weather, the outing was cancelled in late May after several postponements. In this subgroup, a pen-pal programme was introduced so that clients and volunteers would keep in contact and support each other.





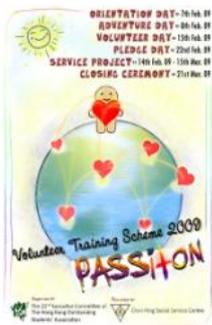
Volunteer Training Scheme 2009 “Passion”

Children



Elderly





Volunteer Training Scheme 2009 “Passion”

Closing Ceremony

The Closing Ceremony provided a chance for the participants to present the fruits of their learning experiences to their parents, teachers and friends. Through their evaluation reports on their self-planned service and the whole programme, we could see that they really benefited from this Scheme. Furthermore, heartfelt thanks must be given to our Honourary Advisor, Ms. MOK Fung Yee, who came to give all our participants encouragement for their roads ahead. The Closing Ceremony ended with the touching sharing session by the Project Chairpersons and the Organising Committee members, and marked the official closing of the Volunteer Training Scheme 2009.

The 22nd Executive Committee would hereby like to thank everyone who took part in making Volunteer Training Scheme 2009 such a great success. The event would not have been made possible if it were not for the tremendous support from Chan Hing Social Service Centre, HKFYG Ching Lok Kindergarten, all Organising Committee members, and all participating schools. We hope that everyone will live out the VTS spirit: to serve with passion in your heart!



Project Chairpersons

CHAN, Jeff

CHAN, Zita

TOO, Whitney

Reported by

CHAN, Jeff

CHAN, Zita

KO, Phoebe

TOO, Whitney



Youth Summit 2009 Blueprint the Future

Introduction

This year's Hong Kong Youth Summit was successfully held from 28th March 2009 to 26th April 2009. The 22nd Executive Committee has been able to uphold the successes of their predecessors through this activity, and this year's Youth Summit let many glorious moments unfold.

Bearing the theme "Blueprint the Future", Hong Kong Youth Summit 2009 reflected on current issues and focused on the future development of Hong Kong. Apart from proposing plans which promoted the betterment of the city in the midst of current and upcoming challenges, such as the financial tsunami and environmental pollution, the 117 participants also aimed at enabling the sustainable development of Hong Kong through balancing development in social, economic, environmental and cultural aspects.

The participants were split into 10 Leadership Groups which simulated different social identities, namely the Low-income Group, Middle-income Group, Small and Medium Enterprises, Big Companies practising corporate social responsibilities, Environmental Activists, Local Residents, Professionals, Foreign Companies in Hong Kong, Government Groups 1 and 2. The participants engaged in discussions on current issues by representing the interests of the Leadership Groups they belonged to. Towards the end of the project, the participants reflected that through this arrangement they learnt to comprehend current issues from different social viewpoints, as well as to develop a sense of empathy and understanding towards different groups in society.

The participants were also allocated into 8 Commission Groups, which held meetings to discuss at least 2 key issues of various social aspects. These included Education, Economy, Media, Environment, Social Welfare, Tourism, City Planning and Creative Industry. During the project, the participants were introduced to social issues which they might not have taken notice of before, such as the problem of light pollution and development of creative industries in Hong Kong. Not only were the participants able to hone their analytical and speaking skills, they were also encouraged to view their home city from a novel multi-directional approach.

The project spanned over four weeks and included four main days, the Final Summit and around 10 Leadership Group Interviews with eminent professionals in Hong Kong.





Youth Summit 2009 Blueprint the Future

Orientation Day

To mark the beginning of the Hong Kong Youth Summit, an Orientation Day was held on 28th March 2009 at the University of Hong Kong to let participants familiarise themselves with their group members and better prepare themselves for the upcoming seminars and meetings. Apart from fun ice-breaking and mass games, a workshop on public speaking skills lectured by Mr. SONG Li-young, Chairman of the Chinese Speech Sub-Committee of the Hong Kong Schools Music and Speech Association, was specially arranged. Through an interactive and lively approach, Mr. SONG equipped the participants with the necessary speaking techniques for meetings and the Final Summit. Participants were then allocated and introduced to various Commission Groups which facilitated further discussion on the upcoming main days.





Youth Summit 2009 Blueprint the Future

Day 1

Soon after the Orientation Day, Day 1 workshop fell on 29th March 2009. We were very honoured to have Hon Jasper TSANG Yok-sing, GBS, JP, the President of the Legislative Council, to be our guest-of-honour for the Opening Address. He enabled participants to understand more about his insights on the meaning of politics and the current Legislative Council conditions. Further on, Mr. WONG Hung-chiu Raymond, JP, Permanent Secretary for Education, also kindly came and talked about the controversial Medium-of-instruction Fine Tuning Policy during the Education Commission Seminar.

Followed by that, the Social Welfare Commission Seminar was led by Mr. Ken CHAN, Chief Officer of Service Development (Children and Youth Service) of Hong Kong Council of Social Services. He shared with participants his viewpoints on various social welfare problems in Hong Kong and the participants were encouraged to voice out their opinions on social welfare. During the two commission seminars, participants raised many questions for the guest speakers, thereby enhancing the interaction of the seminars. More importantly, the participants learnt much more through digesting the information given by the guest speakers and asking relevant questions.

During the Day, various Commission and Leadership Group Meetings were also held between the Seminars. Participants engaged themselves in heated discussions on the assigned contemporary issues, aiming to reach a common consensus among the Group while standing up for the social parties they represented.





Youth Summit 2009 Blueprint the Future

Day 2

Day 2 Workshop was held on the 4th April, 2009. The day began with the Commission Seminar on Tourism by Miss Cynthia LEUNG, General Manager of Corporate Affairs of the Hong Kong Tourism Board. Through the interesting PowerPoint slideshow and Miss LEUNG's informative talk, the participants learnt more about Hong Kong's strategy of promoting tourist spots overseas. Mr. Simon Sui-Cheong CHAU, Chairman of the Green Living Education Foundation, also presented the participants with a fresh perspective to environmental conservation. His simple lifestyle and passion to protect the environment inspired those who listened in rapt attention. In addition, this year's Crisis was introduced, in which the participants had to attempt at a resolution to solve City H's problems – to pacify the people's anger over child labour and corruption, to lay out plans to revive the down-falling economy as well as to prepare evacuation arrangements in case the active volcano Mt. Murray erupted. Day 2 had been a fully-packed day filled with both exciting and educational events.





Youth Summit 2009 Blueprint the Future

Day 3

Day 3 was an eventful pre-Summit workshop for our participants. To prepare for the Final Summit, Commissions presented the overviews of their resolutions in the newly-introduced Consultation Forum, gathering feedback from the audience to refine their plans. Meanwhile, the Crisis Committee held a Crisis Meeting separately to determine the stance taken by the Socialist and Capitalist parties, to identify matters of urgency and to outline solutions to the issues.

In between sessions of the Forum were Commission Seminars and a mass game. The Commission Seminar on City Planning by Mr. TAM Po-yiu, Assistant Director of Planning, highlighted the essential factors of sustainable urban planning. In addition, Mr. Duncan PESCOD, JP, Permanent Secretary for Commerce and Economic Development (Communications and Technology), delivered a lively and interesting seminar on creative industries. His seminar conveyed an important message on the key to the revival of Hong Kong's creative industries: the role of the government is not to lead, but to assist the development of related industries. The participants truly enjoyed the seminar on this fresh topic.





Youth Summit 2009 Blueprint the Future

The Final Summit

The Final Summit was held on 26th April, 2009. The Project Chairpersons started the day with a formal Summit Opening, which was directly followed by the first session of the Hong Kong Youth Summit, a simulation of a meeting at the Legislative Council. Summit Speakers of each Commission first presented their Resolutions, and the floor showed active involvement by asking numerous questions in terms of feasibility, practicality and rationale behind the Resolutions during the Q & A session. After 20 minutes of heated debate, each Leadership Group then voted to either pass or veto the presented Resolution.

After around three hours of discussion, Hon Regina IP LAU Suk-yi, GBS, JP, Legislative Council Member came to deliver the Keynote Address. The participants gained a deeper understanding of Hong Kong's international standing as well as the challenges posed by the financial tsunami and competition from mainland China. They learnt about Hong Kong's strengths and potentials, and were encouraged to contribute to society by fully utilising their talents.

The Hong Kong Youth Summit resumed after the Address. After another three hours of discussions, all the Resolutions were presented and voted on. It was very encouraging to see that participants learnt to discuss issues from different viewpoints and developed their communication as well as presentation skills.

To mark the end of this year's Hong Kong Youth Summit, a Closing Banquet was held at Joseph's, Graduate House at the University of Hong Kong. The participants relaxed and enjoyed themselves at the place, chatting with one another, taking photos and finally bidding farewell to their friends who had accompanied them for one whole month.

The 22nd Executive Committee would like to thank all who helped made Hong Kong Youth Summit 2009 a great learning experience for all the participants, Organising Committee and the Executive Committee. We would want to thank the University of Hong Kong for generously sponsoring us by providing venues for the whole project. We would also like to express our deepest gratitude to our Guest Speakers and Guest Interviewees, who kindly spared time to share their experiences and knowledge with our participants. Of course, the project would not have been made possible if it were not for the tremendous support and hard work from our Organising Committee members. In addition, we would like to thank our Advisors who gave invaluable suggestions and reminders to this year's Hong Kong Youth Summit and joined us at the University of Hong Kong. We hope that everyone will embrace our home city in the upcoming challenges and continue to strive to contribute to our society!

Project Chairpersons
LAI, Joanne
LAM, Chaminade
TANG, Joey



24th OSArS Orientation Day



On 29th March 2009, one day after the Hong Kong Outstanding Students' Awards interview session, the forty-four new members of the Association immediately had their first chance to meet up again during the 24th OSArS Orientation Day. Despite their busy schedules and the fact that some even had their public exams coming up, OSArS spared a few hours in the morning to engage themselves in fun activities so as to know more about their new friends.

On that day, after assembling at the Kowloon MTR Station, OSArS immediately came face-to-face with their first challenge upon entering OSA – the “OSA Trail”. This year, our Internal Relations Officer decided to use the characteristics of the nine EXCO members as the clue to each station in the Trail. For example, Joanne, our Financial Secretary, is very good at maintaining our Association's finances and her feature of a price-watcher gives our new members the hint to head for Three Sixty to search for different prices of goods. In this way, following the series of codes and clues, OSArS had to trace around different corners of the MTR station and complete tasks of a huge variety, which requires from our fellow OSArS righteousness (創義), ability (創藝) and creativity (創意). OSArS demonstrated their intelligence by cracking the codes one by one, which led them to further showcase their wit and talents when performing related tasks .

Right after the exciting “OSA Trail”, OSArS were led to a clubhouse for the second part of the programme– a sharing session between senior and new OSArS. During the sharing session, advisors, Executive Committee members and sub-committee members of the Association shared with our new OSArS what they have gained since they entered this big family. Upon listening to the experiences of senior OSArS, our new members became all eager to embark on a fruitful journey as an OSAr. On top of this, OSArS took this chance to know one another better.

We were most happy to have one of our advisors, CHAN, William (1704), with us during the sharing session on that day, who shared with our new members his personal experiences in the Association. Last but not least, the 22nd Executive Committee would like to extend our warmest welcome to all 24th OSArS and we hope that they will cherish the unique experiences they encounter in this splendid family.

Project Chairperson and Reported by
FONG, Jaime

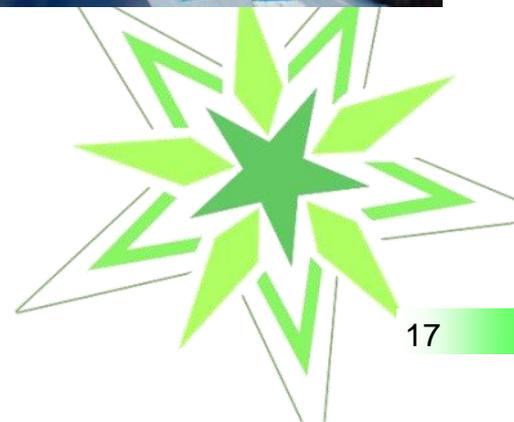


5-31 Gathering—Painting a New Future

At 14:28 on 12th May 2008, a deadly earthquake struck Sichuan, taking away precious lives of thousands of people. This tragic disaster also left thousands more with permanent disabilities and millions with no shelter. Families and friends were separated in a few seconds, and the psychological impact of the earthquake was most devastating to the population. A year has passed, and people in Sichuan remain strong-willed. They refuse to surrender to the disaster and are still holding on to their goal of reconstructing their hometown.

On 31st May 2008, OSArS reacted promptly to the disaster by sketching hope for the Sichuan victims on paper. Their self-designed cards, along with their concern and care, were then sent to the children in Sichuan. The clock ticked on, and exactly one year later on 31st May 2009, OSArS gathered together again to show their continuous support and care for the people in Sichuan by painting for them a hopeful future.

In the morning of the 31st, participating OSArS assembled and went to a clubhouse for the painting session, during which participants brought their splendid creativity and artistic talents into full play. Different from last year's session, all participants joined efforts to complete a long banner. The banner depicts a young girl blowing bubbles which symbolised hope. Inside each bubble, OSArS drew pictures and scenes containing messages we would like to convey to people in Sichuan. Some OSArS encouraged people in Sichuan to hold onto love and faith, since these two elements will allow man to see the colours of life again during times of darkness; while some others passed on the message that people from all nations around the world are always ready to lend a helping hand and support the victims. The chromatic sun rays shining on the bubbles further lightened up the whole picture. In these two hours, OSArS used paintbrushes (and their fingers!) to express their sincere aspirations for people in Sichuan to stand up and build their own rainbow-like future. The banner will be later sent to a secondary school in Sichuan through the UNICEF.





5-31 Gathering—Painting a New Future

After such a meaningful session, OSArS proceeded to the Capstone Café for lunch. As this is the first internal gathering in which our Association’s newbies, the 24th OSArS, joined us, new and senior OSArS had a fun time mingling and getting to know more about each other. We played games like “Bom Bom Bak” and “The Beat Game” to allow ourselves to be more familiarised with one another’s names. OSArS also had a fun time exercising their brains through playing the many different types of board games available in the café. From the hearty laughter and chit-chats, the gathering proved to be successful in bonding OSArS together.

Project Chairperson and Reported by
FONG, Jaime





2008 - 2009 Hong Kong Outstanding Students Awards Prize Presentation Ceremony

Congratulations to the recipients of the Hong Kong Outstanding Students Awards! This year's Hong Kong Outstanding Students Awards Prize Presentation was held on 13th June 2009 at World Trade Centre Club, and the 22nd Executive Committee enjoyed meeting the new OSArS again as well as helping out in this joyous event.

The Guests of Honour for the day included Ms. Florence HUI, Under Secretary of Home Affairs, Ms. Dora HUNG, Vice-chairman of the Lion & Globe Educational Trust and Mr. Ringo MAK, Chairman of TOYPA. Principals of schools, teachers, parents and friends of the awardees also came to share the joy of the awardees.

In addition, several senior OSArS took part in the event. Ms. Judy KWAN (0604) and Mr. Jonathan HSUI (1111) took up the roles of the Master and Mistress of Ceremony, while Ms. Renee CHAN (1401) sang three songs to congratulate and welcome the winners. Moreover, Renee invited her father to join her in the singing performance, making use of the opportunity to wish all parents present an early happy Father's Day and to remind the audience of the importance of spending quality time with one's parents. It was indeed a unique heart-warming and meaningful prize presentation ceremony.

The 22nd Executive Committee organised two dancing and singing practice sessions before the Ceremony to let the eleven awardees familiarise themselves with the melody and dance steps of the Association Song "Qing Miao". The new OSArS learnt very quickly and merrily performed the Song with EXCO members for guests present at the Ceremony. The performance was very well-received by the audience. The ceremony ended with new OSArS expressing their gratitude to their family and school by giving flowers to them.

Congratulations once again!

Reported by
LAM, Chaminade





Yellow Ribbon Project Kick-off Ceremony

On 18th April 2009 at Wu Kwai Sha Youth Village, five EXCO members helped out in the Yellow Ribbon Project Kickoff Ceremony organised by the Christian Prison Pastoral Association Ltd. The idea of the project stemmed from a touching story: Back in the 70s, there was a man in the States who was imprisoned for three years. When his term nearly ended, he wrote a letter to his family members, asking if they were willing to accept him again. He wrote that if they were willing to do so, they should tie a yellow ribbon on the rubber tree at the front door of their home. On the day he was released from jail, he went home by bus, and on the whole journey, his heart thumped hard and he anticipated his family's acceptance. When the bus turned into the road to his home, he was so nervous that he asked the bus driver to see if there was a yellow ribbon on the tree. In the next moment, all passengers and the driver cheered for him, for yellow ribbons were tied everywhere along the whole road. From then on, the yellow ribbon became a sign of forgiveness and acceptance; and this Yellow Ribbon Project aims to generate acceptance of ex-offenders in the community and create awareness of the need to give second chances to them.

While our President was invited as one of the officiating guests on that day, the other EXCO members took up the responsibilities of maintaining stage order and escorting guests. Apart from helping out in this meaningful activity, it was also a chance for us to meet with many friends of OSA, such as Revd. YEUNG Hok Ming, one of the adjudicators for the Hong Kong Outstanding Students Awards and our Honorary Advisor Ms. MOK Fung Yee.

Even though we only ran small errands at the Ceremony, we certainly received the important message embodied in the yellow ribbon. Taking this opportunity, we hope that everyone will encourage people around you to accept and forgive those who did wrong, and make this world a place of harmony to live in!

*Reported by
KO, Phoebe*





What's happening...
Social Services Project 2009

Social Services Project 2009

The **C-H-E-M**istry

of **Love**



Children with Cancer



Elderly

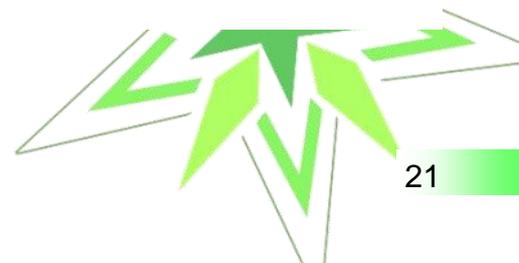


Hearing disabilities
Students with



Mentally Challenged

THE HONG KONG OUTSTANDING STUDENTS' ASSOCIATION
THE 22nd EXECUTIVE COMMITTEE





Coming up...
Interflow Camp 2009

Interflow Camp 2009

**YOU'RE
HIRED!**

Orientation Day
4th July, 2009

Interflow Camp
28th-30th July, 2009

**HKFYG Jockey Club
Sai Kung Outdoor
Training Camp**



Organiser:



The 22nd Executive Committee
The Hong Kong Outstanding Students' Association



Souvenirs Catalogue



Note Pad: \$8



T-Shirt (exclusive for OSArS ONLY): \$50



Towel: \$25



Wristband: \$10
(Multiple colours for selection)



Water Bottle: \$45



File: \$5

If you would like to purchase any of the above souvenirs, please visit our website www.osa.org.hk for more details.

The End



A 22nd Executive Committee Production